Table 1. Mothers’ and fathers’ mean scores on the Hypoglycaemia Fear Survey (HFS-P) worry subscale, the Family Burden scale and the Hopkins Symptom Checklist–25 item (HSCL-25) among subgroups of parents of children \((n = 115)\) with type 1 diabetes

<table>
<thead>
<tr>
<th></th>
<th>HFS-P worry subscale*</th>
<th></th>
<th>Family Burden scale**</th>
<th></th>
<th>HSCL-25†</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mothers</td>
<td>Fathers</td>
<td>Mothers</td>
<td>Fathers</td>
<td>Mothers</td>
<td>Fathers</td>
</tr>
<tr>
<td></td>
<td>Mean (SD)</td>
<td>Mean (SD)</td>
<td>Mean (SD)</td>
<td>Mean (SD)</td>
<td>Mean (SD)</td>
<td>Mean (SD)</td>
</tr>
<tr>
<td></td>
<td>(P^i)</td>
<td>(P^i)</td>
<td>(P^i)</td>
<td>(P^i)</td>
<td>(P^i)</td>
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</tr>
<tr>
<td>Parents of children in</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>various age groups</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>1–5 years (13 children)</td>
<td>36.16 (9.37)</td>
<td>31.90 (5.65)</td>
<td>13.42 (3.73)</td>
<td>13.17 (3.43)</td>
<td>1.37 (0.40)</td>
<td>1.24 (0.29)</td>
</tr>
<tr>
<td>6–11 years (57 children)</td>
<td>37.97 (8.46)</td>
<td>36.25 (9.58)</td>
<td>14.08 (2.77)</td>
<td>14.01 (3.17)</td>
<td>1.38 (0.33)</td>
<td>1.20 (0.23)</td>
</tr>
<tr>
<td>12–15 years (45 children)</td>
<td>37.81 (9.58)</td>
<td>36.89 (7.53)</td>
<td>13.98 (3.81)</td>
<td>13.99 (3.14)</td>
<td>1.41 (0.42)</td>
<td>1.25 (0.27)</td>
</tr>
<tr>
<td>Parents of children with</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>different duration of</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>diabetes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(&lt;1) year (17 children)</td>
<td>34.12 (8.82)</td>
<td>31.77 (8.26)</td>
<td>13.77 (2.75)</td>
<td>12.60 (2.72)</td>
<td>1.31 (0.21)</td>
<td>1.16 (0.19)</td>
</tr>
<tr>
<td>(\geq1) year (98 children)</td>
<td>38.36 (8.82)</td>
<td>36.72 (8.39)</td>
<td>14.01 (3.36)</td>
<td>14.14 (3.20)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parents of boys and girls</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parents of boys</td>
<td>39.04 (8.65)</td>
<td>36.70 (8.01)</td>
<td>14.02 (3.03)</td>
<td>13.74 (2.96)</td>
<td>1.41 (0.42)</td>
<td>1.19 (0.17)</td>
</tr>
<tr>
<td>Parents of girls</td>
<td>36.38 (9.05)</td>
<td>35.28 (8.98)</td>
<td>13.92 (3.52)</td>
<td>14.04 (3.37)</td>
<td>1.37 (0.32)</td>
<td>1.25 (0.30)</td>
</tr>
</tbody>
</table>

* HFS-P worry subscale score: 15–75.

** Family Burden scale score: 5–25.

† HSCL-25 scale score: 1–4.

‡ ANOVA was performed to test differences in HFS-P worry subscale scores and Family Burden scale scores between the parents of the children in 3 age groups; \(t\)-tests were performed to test differences in HFS-P worry subscale scores and Family Burden scale scores between the parents of the children with duration of diabetes \(<1\) year or \(\geq1\) year and between the parents of boys and girls, respectively; Kruskal-Wallis tests were performed to test differences in HSCL-25 scores between the parents of the children in 3 age groups; and Mann-Whitney tests were performed to test differences in HSCL-25 scores between the parents of children with duration of diabetes \(<1\) year or \(\geq1\) year and between the parents of boys and girls, respectively.
## Table 2a

Bivariate regression analyses between child-related variables and Hypoglycaemia Fear Survey – Parent version (HFS-P) worry and behaviour subscale scores among 115 children with type 1 diabetes and their parents

<table>
<thead>
<tr>
<th>Variable</th>
<th>HFS-P worry subscale</th>
<th>HFS-P behaviour subscale</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mothers</td>
<td>Fathers</td>
</tr>
<tr>
<td></td>
<td>Regression coefficient</td>
<td>P</td>
</tr>
<tr>
<td></td>
<td>Mothers</td>
<td>Fathers</td>
</tr>
<tr>
<td></td>
<td>Regression coefficient</td>
<td>P</td>
</tr>
<tr>
<td>Problematic hypoglycaemia in the past year</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1–2 episodes versus 0 episodes</td>
<td>-0.92</td>
<td>0.714</td>
</tr>
<tr>
<td>3–6 episodes versus 0 episodes</td>
<td>1.47</td>
<td>0.543</td>
</tr>
<tr>
<td>≥7 episodes versus 0 episodes</td>
<td>5.72</td>
<td>0.020†</td>
</tr>
<tr>
<td>Hypoglycaemia while asleep – yes versus no</td>
<td>3.21</td>
<td>0.094</td>
</tr>
<tr>
<td>Hypoglycaemia with unconsciousness – yes versus no</td>
<td>0.83</td>
<td>0.694</td>
</tr>
<tr>
<td>Child carries emergency glucose – yes versus no</td>
<td>3.61</td>
<td>0.154</td>
</tr>
<tr>
<td>Insulin pump versus not pump</td>
<td>-0.42</td>
<td>0.816</td>
</tr>
<tr>
<td>Blood glucose monitoring</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4–6 times/day versus ≤3</td>
<td>-0.35</td>
<td>0.897</td>
</tr>
<tr>
<td>≥7 times/day versus ≤3</td>
<td>1.58</td>
<td>0.582</td>
</tr>
<tr>
<td>Monitoring at night</td>
<td></td>
<td></td>
</tr>
<tr>
<td>– every week or more versus every month or less</td>
<td>6.32</td>
<td>0.001†</td>
</tr>
<tr>
<td>HbA1c level</td>
<td>1.20</td>
<td>0.161</td>
</tr>
<tr>
<td>Child’s age</td>
<td>0.10</td>
<td>0.690</td>
</tr>
<tr>
<td>Duration of diabetes</td>
<td>-0.15</td>
<td>0.637</td>
</tr>
<tr>
<td>Comorbid disease – yes versus no</td>
<td>6.71</td>
<td>0.001†</td>
</tr>
<tr>
<td>Boy versus girl</td>
<td>2.65</td>
<td>0.128</td>
</tr>
</tbody>
</table>

* HFS-P worry subscale score: 15–75.
** HFS-P worry subscale score: 10–50.
§ Unstandardized regression coefficients
† Significant at P < 0.05.
Table 2b  Bivariate regression analyses between child-related variables and Family Burden Scale and HSCL-25 scores among 115 children with type 1 diabetes and their parents

<table>
<thead>
<tr>
<th>Family Burden Scale*</th>
<th></th>
<th>HSCL-25**</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mothers</td>
<td>Fathers</td>
<td>Mothers</td>
<td>Fathers</td>
<td>Mothers</td>
<td>Fathers</td>
</tr>
<tr>
<td>Regression coefficient(^\d)</td>
<td>(P)</td>
<td>Regression coefficient(^\d)</td>
<td>(P)</td>
<td>Regression coefficient(^\d)</td>
<td>(P)</td>
</tr>
<tr>
<td>Problematic hypoglycaemia in the past year</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1–2 episodes versus 0 episodes</td>
<td>0.39</td>
<td>0.681</td>
<td>0.70</td>
<td>0.395</td>
<td>0.02</td>
</tr>
<tr>
<td>3–6 episodes versus 0 episodes</td>
<td>0.01</td>
<td>0.993</td>
<td>2.01</td>
<td>0.043(^\d)</td>
<td>0.20</td>
</tr>
<tr>
<td>(\geq7) episodes versus 0 episodes</td>
<td>1.72</td>
<td>0.061</td>
<td>2.66</td>
<td>0.003(^\d)</td>
<td>0.28</td>
</tr>
<tr>
<td>Hypoglycaemia while asleep – yes versus no</td>
<td>0.02</td>
<td>0.981</td>
<td>0.57</td>
<td>0.512</td>
<td>0.11</td>
</tr>
<tr>
<td>Hypoglycaemia with unconsciousness – yes versus no</td>
<td>0.89</td>
<td>0.213</td>
<td>0.80</td>
<td>0.247</td>
<td>0.23</td>
</tr>
<tr>
<td>Blood glucose monitoring</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4–6 times/day versus (\leq3)</td>
<td>0.09</td>
<td>0.926</td>
<td>0.32</td>
<td>0.734</td>
<td>0.03</td>
</tr>
<tr>
<td>(\geq7) times/day versus (\leq3)</td>
<td>0.52</td>
<td>0.634</td>
<td>1.04</td>
<td>0.322</td>
<td>0.08</td>
</tr>
<tr>
<td>Monitoring at night</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>– every week or more versus every month or less</td>
<td>2.37</td>
<td>0.001(^\d)</td>
<td>1.85</td>
<td>0.013(^\d)</td>
<td>0.17</td>
</tr>
<tr>
<td>HbA(_1c) level</td>
<td>0.42</td>
<td>0.183</td>
<td>0.32</td>
<td>0.313</td>
<td>0.04</td>
</tr>
<tr>
<td>Child’s age</td>
<td>-0.01</td>
<td>0.953</td>
<td>0.02</td>
<td>0.788</td>
<td>0.00</td>
</tr>
<tr>
<td>Duration of diabetes</td>
<td>-0.10</td>
<td>0.382</td>
<td>-0.09</td>
<td>0.387</td>
<td>-0.02</td>
</tr>
<tr>
<td>Comorbid disease – yes versus no</td>
<td>2.00</td>
<td>0.007(^\d)</td>
<td>1.30</td>
<td>0.078</td>
<td>0.14</td>
</tr>
<tr>
<td>HSCL-25 score</td>
<td>4.30</td>
<td>0.001(^\d)</td>
<td>1.67</td>
<td>0.197</td>
<td>0.03</td>
</tr>
<tr>
<td>Boy versus girl</td>
<td>0.10</td>
<td>0.874</td>
<td>-0.29</td>
<td>0.653</td>
<td>0.04</td>
</tr>
</tbody>
</table>

* Family Burden Scale score: 5–25.
** HSCL-25 scale score: 1–4.
\(^\d\) Unstandardized regression coefficients.
\(^\d\) Significant at \(P < 0.05\).
<table>
<thead>
<tr>
<th></th>
<th>Mothers</th>
<th></th>
<th>Fathers</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>HFS-P behaviour 10 items</td>
<td>HFS-P behaviour 9 items included</td>
<td>HFS-P behaviour 10 items</td>
<td>HFS-P behaviour 9 items included</td>
</tr>
<tr>
<td>Problematic hypoglycaemia in the past year</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1–2 episodes versus 0 episodes</td>
<td>3.17</td>
<td>0.118</td>
<td>2.93</td>
<td>0.137</td>
</tr>
<tr>
<td>3–6 episodes versus 0 episodes</td>
<td>1.62</td>
<td>0.415</td>
<td>1.54</td>
<td>0.426</td>
</tr>
<tr>
<td>≥7 episodes versus 0 episodes</td>
<td>2.69</td>
<td>0.164</td>
<td>2.87</td>
<td>0.127</td>
</tr>
<tr>
<td>Hypoglycaemia while asleep – yes versus no</td>
<td>0.83</td>
<td>0.597</td>
<td>0.58</td>
<td>0.701</td>
</tr>
<tr>
<td>Hypoglycaemia with unconsciousness – yes versus no</td>
<td>-0.52</td>
<td>0.768</td>
<td>-0.40</td>
<td>0.814</td>
</tr>
<tr>
<td>Child carries emergency glucose – yes versus no</td>
<td>2.12</td>
<td>0.302</td>
<td>2.81</td>
<td>0.161</td>
</tr>
<tr>
<td>Insulin pump versus not pump</td>
<td>-3.69</td>
<td>0.011†</td>
<td>-3.68</td>
<td>0.009†</td>
</tr>
<tr>
<td>Blood glucose monitoring</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4–6 times/day versus ≤3</td>
<td>0.70</td>
<td>0.739</td>
<td>-0.22</td>
<td>0.916</td>
</tr>
<tr>
<td>≥7 times/day versus ≤3</td>
<td>3.37</td>
<td>0.175</td>
<td>2.13</td>
<td>0.376</td>
</tr>
<tr>
<td>Monitoring at night</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>– every week or more versus every month or less</td>
<td>1.69</td>
<td>0.320</td>
<td>1.22</td>
<td>0.460</td>
</tr>
<tr>
<td>HbA1c level</td>
<td>0.72</td>
<td>0.313</td>
<td>0.77</td>
<td>0.268</td>
</tr>
<tr>
<td>Child’s age</td>
<td>-0.41</td>
<td>0.093</td>
<td>-0.47</td>
<td>0.047†</td>
</tr>
<tr>
<td>Duration of diabetes</td>
<td>0.15</td>
<td>0.603</td>
<td>0.14</td>
<td>0.619</td>
</tr>
<tr>
<td>Comorbid disease – yes versus no</td>
<td>-1.82</td>
<td>0.260</td>
<td>-1.80</td>
<td>0.250</td>
</tr>
</tbody>
</table>

* The purpose of the analysis was to exclude overlap between the item “How often do you have your child carry emergency glucose?” in the HFS-P behaviour subscale and the exploratory variable “Does your child carry emergency glucose with him at all times?”. The analysis is also an example of the exploratory analyses performed (separately for mothers and fathers) for the dissertation with the same analysis model as the GEE analyses presented in Articles I and II.

§ Unstandardized regression coefficients.

† Significant at $P < 0.05$. 

The analyses were performed separately for mothers and fathers, with the same analysis model as the GEE analyses presented in Articles I and II. The purpose of the analysis was to exclude overlap between the item “How often do you have your child carry emergency glucose?” in the HFS-P behaviour subscale and the exploratory variable “Does your child carry emergency glucose with him at all times?”. The analysis is also an example of the exploratory analyses performed (separately for mothers and fathers) for the dissertation with the same analysis model as the GEE analyses presented in Articles I and II.
Table 4  Mean scores for mothers and fathers on the HFS-P worry subscale

<table>
<thead>
<tr>
<th>HFS-P worry subscale items</th>
<th>Mothers</th>
<th>Fathers</th>
<th>Sex difference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean score</td>
<td>SD</td>
<td>Mean score</td>
</tr>
<tr>
<td>1. Child not recognizing or realizing a reaction</td>
<td>2.78</td>
<td>1.053</td>
<td>2.68</td>
</tr>
<tr>
<td>2. Child not having food, fruit or juice with him or her</td>
<td>2.70</td>
<td>0.937</td>
<td>2.76</td>
</tr>
<tr>
<td>3. Child feeling dizzy or passing out in public</td>
<td>2.69</td>
<td>1.056</td>
<td>2.42</td>
</tr>
<tr>
<td>4. Child having a reaction while asleep</td>
<td>3.37</td>
<td>0.901</td>
<td>2.91</td>
</tr>
<tr>
<td>5. Child embarrassing self or friends or family in a social situation</td>
<td>1.14</td>
<td>0.431</td>
<td>1.18</td>
</tr>
<tr>
<td>6. Child having a reaction while alone</td>
<td>3.12</td>
<td>1.008</td>
<td>2.83</td>
</tr>
<tr>
<td>7. Child appearing to be “stupid” or clumsy</td>
<td>1.29</td>
<td>0.653</td>
<td>1.35</td>
</tr>
<tr>
<td>8. Child losing control</td>
<td>2.37</td>
<td>1.158</td>
<td>2.23</td>
</tr>
<tr>
<td>9. No one being around to help during a reaction.</td>
<td>3.28</td>
<td>0.948</td>
<td>2.91</td>
</tr>
<tr>
<td>10. Child making mistake or having accident at school</td>
<td>1.94</td>
<td>1.003</td>
<td>1.96</td>
</tr>
<tr>
<td>11. Child getting a bad evaluation at school because of something that happens when his or her blood sugar is low</td>
<td>1.79</td>
<td>0.993</td>
<td>1.85</td>
</tr>
<tr>
<td>12. Child having seizures or convulsions</td>
<td>2.93</td>
<td>0.961</td>
<td>2.59</td>
</tr>
<tr>
<td>13. Child developing long-term complications from frequent low blood sugar</td>
<td>2.62</td>
<td>1.144</td>
<td>2.88</td>
</tr>
<tr>
<td>14. Child feeling light-headed or faint</td>
<td>2.55</td>
<td>0.872</td>
<td>2.52</td>
</tr>
<tr>
<td>15. Child having an insulin reaction</td>
<td>3.15</td>
<td>0.973</td>
<td>2.92</td>
</tr>
</tbody>
</table>

* Non-parametric test, Wilcoxon matched-pairs signed-rank tests.
†† P < 0.05.
Table 5. Mothers’ and fathers’ (85 couples) reports on 10 questions regarding “who is doing what in everyday life” related to a child’s type 1 diabetes

<table>
<thead>
<tr>
<th></th>
<th>Mothers’ reports*</th>
<th></th>
<th>Fathers’ reports**</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mother or mother</td>
<td>Father or father</td>
<td>Mother and father</td>
<td>Child</td>
</tr>
<tr>
<td></td>
<td>(n)</td>
<td>and child</td>
<td>father, mother,</td>
<td>(n)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>father and child</td>
<td></td>
</tr>
<tr>
<td>1. Who informs</td>
<td>31.3 (26)</td>
<td>1.2 (1)</td>
<td>60.2 (50)</td>
<td>7.2 (6)</td>
</tr>
<tr>
<td>friends about</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>the child’s</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>diabetes?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Who informs</td>
<td>43.4 (36)</td>
<td>2.4 (2)</td>
<td>53.0 (44)</td>
<td>1.2 (1)</td>
</tr>
<tr>
<td>school or</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>kindergarten</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>about the</td>
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</tr>
<tr>
<td>child’s</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>diabetes?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Who</td>
<td>19.8 (16)</td>
<td>1.2 (1)</td>
<td>64.2 (52)</td>
<td>14.8 (12)</td>
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*  \( n = 79–85 \).

**  \( n = 81–85 \).