

Appendices

Appendix 1. Main topics of interview guide

1. How do you see your own situation?
2. Can you describe a typical day?
3. What has changed since before your stroke?
4. What are your wishes for what you would like to do?
5. What do you think are of vital importance when it comes to implementing what is important to you?
6. What thoughts do you have about the rehabilitation service you have received?
7. Are there experiences you think are important that we have not talked about?

Appendix 2. Search strategy

The search strategy was aimed towards gaining an overview of previous research in relation to the concepts of interest: activities of daily living, early supported discharge, daily life after stroke, rehabilitation, stroke, and stroke survivor's experiences.

Initially searches were performed by the author of this thesis from 19 May 2011 and to 02 March 2012, in the following electronic sources: Best Practice, Cinahl, Clinical Evidence, Up To Date, Medline, Norwegian health library, OT seeker and PubMed. In order to keep up to date on research on ESD, the author search PubMed for articles on ESD on a regular basis after March 2012.

Systematic searches were conducted together with a trained librarian on four occasions: 30 November 2012, 07 April 2014, 16 February 2015, and 30 April 2015, in the following electronic sources: Age Line (only on 03 December 2012), Amed, Cinahl, Embase, and Medline. Subject terms and free text words were used to address the concepts of interest mentioned above. Detailed search strategies can be obtained from the author of the thesis upon request.

The author excluded articles not written in English, those including children or youths as subjects, those lacking full text availability, those with titles that obviously did not

match the aims of the study, those originating from non-Western countries, and editorials and conference abstracts.

