

Collapse of Eurasian ice sheets 14,600 years ago was a major source of global Meltwater Pulse 1a

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Rapid sea-level rise caused by the collapse of large ice sheets is a global threat to human societies¹. In the last deglacial period, the rate of global sea-level rise peaked at more than 4 cm/yr during Meltwater Pulse 1a, which coincided with the abrupt Bølling warming event ~14,650 yr ago²⁻⁵. However, the sources of the meltwater have proven elusive^{6,7}, and the contribution from Eurasian ice sheets has until now been considered negligible⁸⁻¹⁰. Here we show that marine-based sectors of the Eurasian ice sheet complex collapsed at the Bølling transition and lost an ice volume of between 4.5 and 7.9 m sea level equivalents (95% quantiles) over 500 yr. During peak melting 14,650 - 14,310 yr ago, Eurasian ice sheets lost between 3.3 and 6.7 m sea level equivalents (95% quantiles), thus contributing significantly to Meltwater Pulse 1a. A mean meltwater flux of 0.2 Sv over 300 yr was injected into the Norwegian Sea and the Arctic Ocean during a time when proxy evidence suggests vigorous Atlantic meridional overturning circulation^{11,12}. Our reconstruction of the EIS deglaciation shows that a marine-based ice sheet comparable in size to the West Antarctic ice sheet can collapse in as little as 300-500 years.

Understanding the response of marine-based ice sheets to global warming is critical to future sea-level projections¹. Today large marine-based ice sheets are situated in the Antarctic, with the West Antarctic ice sheet long considered to be particularly vulnerable¹³⁻¹⁶. The time scale and magnitude of its potential disintegration are highly uncertain, however, and its projected contribution to sea-level rise over the next centuries varies by orders of magnitude^{17,18}. To add further empirical constraints, researchers turn to past deglaciation events to study the tempo and mode of ice sheet collapse in a warming world. The West Antarctic ice sheet itself survived the end of the last ice age, but an important analogue can be found in the collapse of the Late Pleistocene Eurasian ice sheet complex (EIS) (Fig. 1).

During the last glacial maximum, 20-21 kyr ago, the EIS attained a maximum ice volume of ~24 m global sea level equivalents (SLE)¹⁹, including large marine-based sectors extending all the way to the continental shelf edge. These sectors formed an extensive interface to the Arctic Ocean and the Nordic Seas, which are one of the main loci of deep-water formation essential to the Atlantic Meridional Overturning Circulation (AMOC). This region is thus of particular importance for understanding the impact of meltwater forcing on ocean circulation and global climate²⁰.

At the end of the last ice age, abrupt Northern Hemisphere warming at the Bølling transition ~14,650 yr BP coincided with accelerated melting of ice sheets in an event known as global Meltwater Pulse 1a (MWP-1a)²⁻⁵. During this event, mean global sea-level rose by 12-14 m in ~340 yr, at a rate of at least 4 cm/yr⁵. The sources, magnitude and timing of the MWP-1a have been a subject of controversy over the past decades, and a significant role for the EIS has until now been largely dismissed^{6,8,10}. Previous reconstructions of the EIS deglaciation and meltwater contributions^{8,19,21} have concluded that the bulk of the marine sectors were deglaciated well before the Bølling transition and the MWP-1a. These reconstructions have, however, assumed a constant marine radiocarbon reservoir age (R) similar to the modern value throughout the deglaciation, typically around 400 yr. Although the uncertainty of this assumption is commonly acknowledged, a lack of constraints on the temporal evolution of R in the Norwegian Sea has prevented a more accurate reconstruction of the deglaciation.

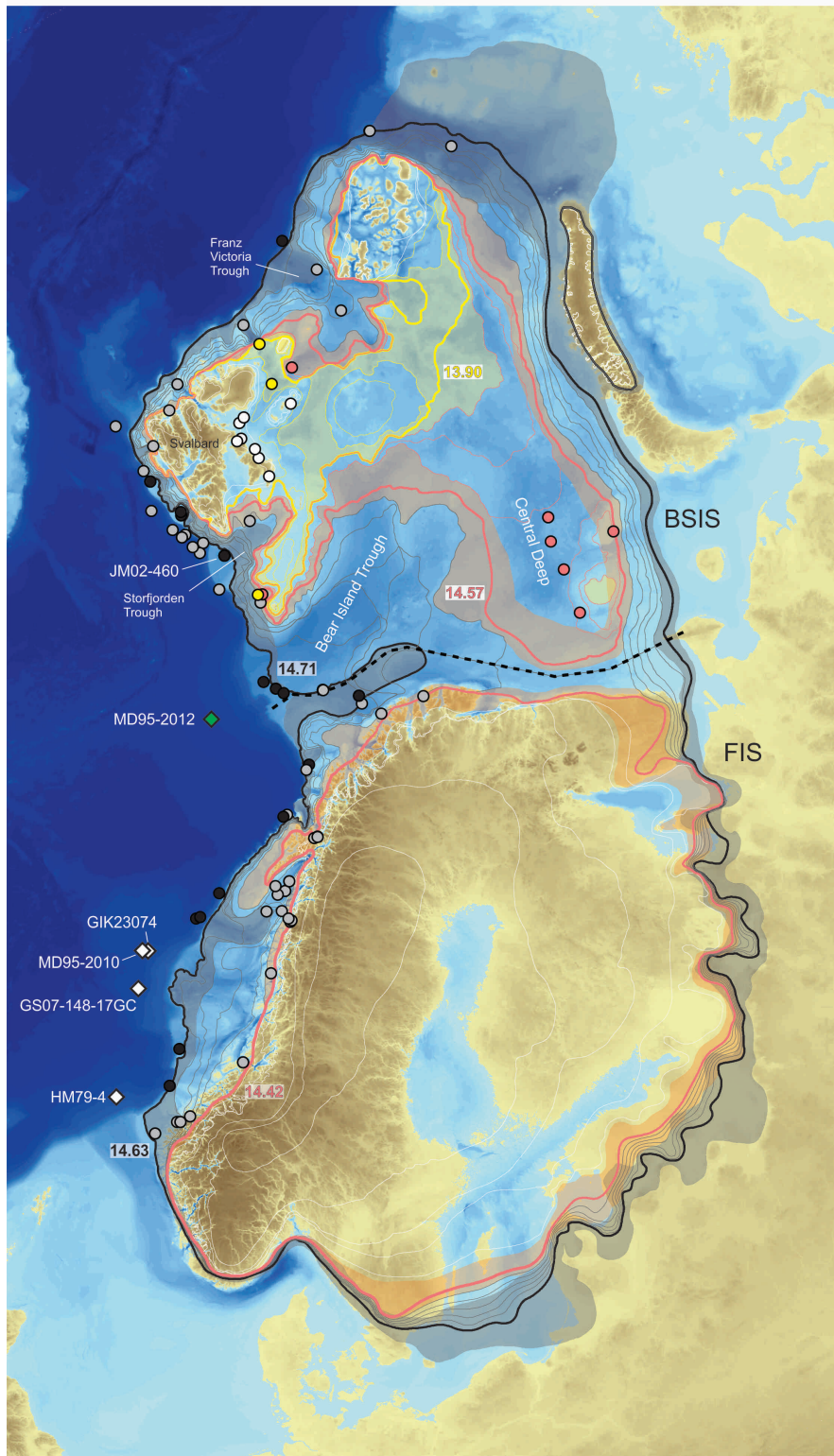


Figure 1: Reconstructed Late Pleistocene EIS complex comprised of the Fennoscandian Ice Sheet (FIS) and the Barents-Svalbard Ice Sheet (BSIS). Contour lines represent ice margins at different stages of the deglaciation. Thick lines represent ice margin positions at boundaries between the deglacial phases used in the Bayesian chronology (Supplementary Data Fig. 8 and 9 and Supplementary Data File). Black lines are the inferred ice margin following the late Heinrich Stadial 1 ice advance. Pink lines are the ice margins that followed the separation of the BSIS and FIS. Yellow lines mark ice margins when the BSIS are constrained on the archipelagos and shallow banks in the northern Barents sea. The median age of each margin is indicated. The accompanying transparent fields mark the geographic uncertainties associated with the respective ice margins. Thin lines mark the suggested ice sheet retreat pattern within each phase as synthesized from the literature listed in [Methods](#). The black stippled line marks the separation between the FIS and the BSIS used in the area-volume calculation when they were confluent. Black filled circles mark sites used to constrain the Heinrich Stadial 1 extent of the ice sheet. The positions of the stratigraphic records and dates used to constrain the deglacial phases are marked with gray, pink, yellow and white filled circles. White diamonds mark the position of cores used to reconstruct the Norwegian Sea ^{14}C reservoir age. White lines indicate ice margins adopted from the Dated-1 reconstruction.

48 Norwegian Sea ^{14}C reconstruction and deglacial chronology

49 We here present a new chronology for the deglaciation of the marine-based sectors of the EIS complex,
50 using new constraints on the Norwegian Sea ^{14}C and R to calibrate marine ^{14}C dates linked to the retreat
51 of the EIS. We take advantage of the close connection between North Atlantic climate and the Asian Mon-
52 soon²²⁻²⁷ to align Norwegian Sea paleoceanographic records with a U/Th-dated speleothem record from
53 Hulu Cave, China^{28,29} (Fig. 2; Methods; Supplementary Fig. 1). This alignment is corroborated by a
54 tephrochronological marker bed found both in Norwegian Sea sediments and Greenland ice cores (Sup-
55 plementary Fig. 1, Methods). To assess the robustness of our reconstruction, we used an alternative age
56 model based on the Vedde Ash and 24 ^{14}C dates compiled from the Younger Dryas and the Bølling-Allerød
57 intervals, for which the Norwegian Sea R has been independently constrained by paired marine and terres-
58 trial ^{14}C dates³⁰. This alternative age model does not depend on any tuning of paleoclimatic proxy records
59 and does not assume any climatic teleconnections, yet it results in a ^{14}C reconstruction that falls within the
60 68.2 % credible intervals of our original reconstruction (Supplementary Fig. 3). Hence, our reconstructed
61 Norwegian Sea ^{14}C record is robust, and our conclusions do not rest on the interpretation of individual
62 proxy records. The ^{14}C age difference between 99 ^{14}C dates compiled from the Norwegian Sea cores and
63 the corresponding atmospheric ^{14}C age represented by the IntCal13 calibration curve³¹ (Fig. 2F) yields a
64 new and detailed account of the temporal evolution of the Norwegian Sea ^{14}C reservoir age from 19,000 to
65 12,500 yr BP (Fig. 2G).

66 Prior to the Bølling warming, the Norwegian Sea had a mean R of 1,620 ^{14}C yr (Fig. 2G). Then, at the
67 Bølling transition, R abruptly declined by $\sim 1,500$ ^{14}C yr in less than 400 calendar yr and the mean R for the
68 remainder of the warm period was 420 ^{14}C yr (Fig. 2). We resample (Methods) the compiled timeseries of
69 ^{14}C ages by a Monte Carlo technique where chronological, stratigraphical and ^{14}C uncertainties are taken
70 into account (Fig. 2F) and use this to calibrate published conventional radiocarbon ages from sedimentary
71 archives that are linked to the dynamics and deglaciation of marine-based sectors of the EIS. The deglacia-
72 tion of the EIS complex is reconstructed using a probabilistic approach, taking into account uncertainty in
73 both area and age (Methods). The resulting estimates are reported here as medians and 95% quantiles from
74 the probability distributions. The deglaciation for the BSIS and FIS is constrained independently, yielding
75 a sequence of reconstructed ice margins with uncertainty bounds (Fig. 1).

76 Our revised EIS chronology (Supplementary Figs. 8 and 9; Supplementary Data File) suggests that
77 the Barents-Svalbard ice sheet (BSIS) remained in an advanced position until 14.71 (14.81-14.63) kyr cal
78 BP, after which it rapidly retreated from the outer shelf and deeper troughs at the Bølling transition. At
79 14.57 (14.67-14.46) kyr cal BP, the BSIS had separated from the Fennoscandian ice sheet, forming an
80 ice lobe over the Central Deep in the Barents Sea, and by 13.90 (14.20-13.57) kyr cal BP it had become
81 confined to islands and shallow banks in the northern Barents Sea (Fig. 1). The reconstructed retreat of the
82 BSIS is congruent with a prominent early Bølling meltwater $\delta^{18}\text{O}$ anomaly observed in proxy records from
83 core MD95-2012 retrieved from the Barents Sea margin^{37,38}. Deglaciation of the Fennoscandian ice sheet
84 commenced at 14.63 (14.78-14.49) kyr cal BP, and by 14.42 (14.57-14.20) kyr cal BP it had retreated from
85 the continental shelf into the coastal areas (Fig. 1).

86 EIS collapse and MWP-1a contribution

87 Based on the area-volume relationship for extant ice sheets³⁹, our reconstruction implies that before the
88 Bølling transition, the EIS contained an ice volume of 15.0 (13.9-16.1) m SLE (Figure 2H). We also applied
89 an alternative area-volume regression using the output of a transient model of the EIS complex itself⁴⁰
90 (Supplementary Fig. 10). Although the alternative regression yields an EIS volume that is 2.7 m SLE less
91 than the Paterson approximation at the start of the deglaciation, the estimated ice loss between 14.7 and
92 14.4 kyr BP differs by only ~ 0.2 m SLE, which is negligible with respect to our conclusions. Hence, our
93 mass loss estimates are robust to the assumptions of the area-volume conversion (Supplementary Fig. 10).

94 Our new reconstruction implies that the marine-based EIS collapsed at the Bølling transition. Over
95 a 500 yr period, starting at 14.71 cal kyr BP, the EIS lost a volume of 6.2 (4.5-7.9) m SLE. Within the
96 MWP-1a time span as defined by the Tahiti chronology (14.65-14.31 kyr BP)⁵, the EIS lost a volume of
97 4.9 (3.3-6.7) m SLE, implying that the collapse of the EIS was a major source of the MWP-1a. Given the
98 presence of ichnofabric in parts of the Norwegian Sea core sediments, we show that bioturbation would
99 result in the smearing out of a more abrupt change in the reservoir age occurring close to the Bølling
100 transition, effectively shifting the start of the R decline back in time by more than 200 calendar years
101 (Methods; Supplementary Fig. 7). Therefore, our mass loss estimates are likely to be conservative, in the

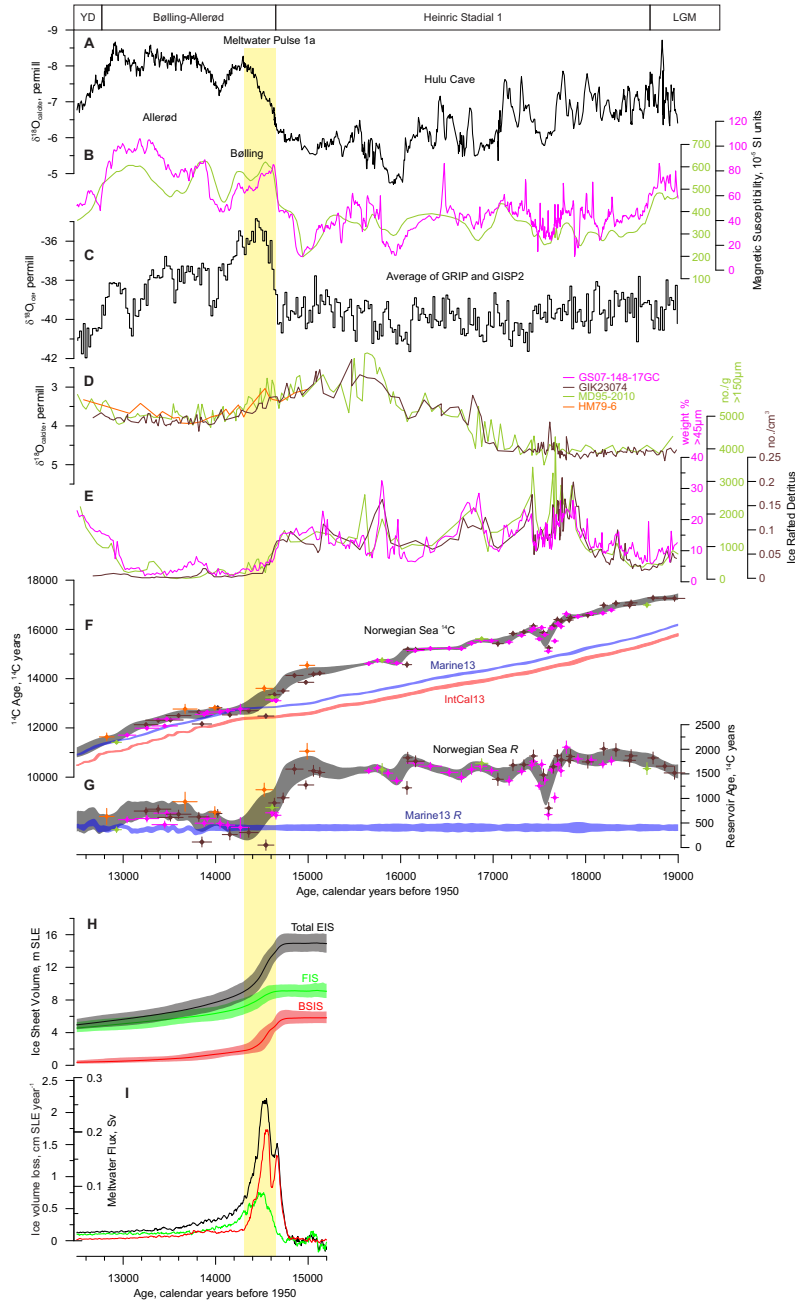


Figure 2: Records of climate, ice volume and meltwater flux from the Eurasian Ice Sheet complex. **A**, $\delta^{18}\text{O}$ record from Hulu cave speleothem H82, ^{22,28,29}. **B**, Magnetic susceptibility from Norwegian Sea cores GS07-148-17GC (magenta) and MD95-2010³² (green) (Fig. 1), aligned with the speleothem $\delta^{18}\text{O}$ record in (A) (Methods). **C**, Average $\delta^{18}\text{O}$ record from Greenland summit ice cores (GISP2 and GRIP) on the GICC05 chronology³³. **D**, Planktonic foraminifera $\delta^{18}\text{O}$ (*Neoglobigerina pachyderma* sinistral) from three Norwegian Sea sediment cores^{32,34,35}. **E**, Proxy records of ice rafted detritus from Norwegian Sea cores^{32,34}. **F**, Compiled AMS ^{14}C ages from Norwegian Sea sediment cores (GS07-148-17GC, this study; GIK23074^{34,36}; MD95-2010³²; HM79-6³⁵). Horizontal error bars represent the 68.2% quantiles (equivalent to 1σ) of the GS07-148-17GC deposition model. Gray shading represents $\pm 1\sigma$ of the Monte Carlo sampling of the probability density functions of both the stratigraphic and chronological core alignments and the ^{14}C uncertainty. **G**, Norwegian Sea ^{14}C reservoir age, R is calculated as the difference between the conventional ^{14}C ages (at the median age) and the IntCal13 atmospheric ^{14}C curve³¹. Vertical error bars are the root sum of squares of the ^{14}C uncertainties. The average global reservoir age represented by the Marine13 calibration curve³¹ is plotted for reference. **H**, Reconstructed ice volume for the Eurasian Ice Sheet (EIS) complex expressed as sea level equivalents (SLE; 25 yr running mean of median and 95% quantiles). FIS: Fennoscandian Ice Sheet; BSIS: Barents-Svalbard Ice Sheet. **I**, median rate of ice volume loss in cm SLE per yr and as meltwater flux (Sv) (colors as in (H)).

102 sense that they may overestimate the time span of the EIS collapse and thus underestimate its contribution
 103 to the MWP-1a.

104 Implications for deglaciation and ice sheet collapse

105 An EIS contribution of 4.9 (3.3-6.7) m SLE to the MWP-1a is substantially larger than previous estimates
 106 in Dated-1¹⁹ (1.1 m SLE when interpolated to 340 yr from the most-credible Dated-1 ice margins at 15
 107 and 14 kyr BP), and is comparable to the estimated contribution from the much larger North American
 108 ice sheet (5-6 m SLE in ref.⁴¹, 6.4-9 m SLE (interpolated to 340 yr) in ref.⁴², and 4-7 m SLE in ref.¹⁰).
 109 Although a prominent MWP-1a contribution from the EIS is consistent with observed far-field sea-level
 110 fingerprints⁹, the inferred total amplitude of the MWP-1a and the distribution of other meltwater sources
 111 need to be reconsidered in light of our findings^{5,6}.

112 Modeled far-field sea-level fingerprints suggest that a MWP-1a sourced from the EIS would amplify
 113 the local relative sea-level rise (RSL) by about 10 % at Tahiti and by 4 % at the Sunda shelf relative
 114 to the eustatic rise⁹. This proportional increase would translate our conservative estimates of EIS mass

115 loss during the MWP-1a into 3.6-7.4 m RSL rise at Tahiti and 3.3-7.0 m RSL rise at the Sunda shelf.
116 If we consider the observed low-end RSL rise of 12 m at Tahiti⁵, then our results suggest that the EIS
117 collapse may have contributed 30-60 % of the MWP-1a local sea level rise at this locality. For the high-end
118 MWP-1a RSL rise estimate of 17.3 m at the Sunda shelf⁶, our mass loss estimates correspond to 20-40%
119 of the local sea level rise. A more accurate estimate of the eustatic sea-level contribution from the EIS
120 collapse will require additional constraints on the effect of glacio-isostasy and ice volume below flotation.
121 Nevertheless, our findings provide strong empirical evidence that the EIS was a major source of the MWP-
122 1a. Combined with recent estimates for the North American Ice Sheet MWP-1a contribution^{10,42} our EIS
123 mass loss estimates are sufficient for explaining the far-field RSL observations without a major Antarctic
124 contribution, consistent with the lack of field evidence for a large retreat of the Antarctic Ice Sheet⁴³.

125 In the proximity of a disintegrating ice sheet, the loss of gravitational attraction, as well as crustal re-
126 bound, will dominate relative to eustatic sea-level rise, causing RSL to fall⁴⁴. Our results imply that the
127 magnitude of MWP-1a RSL fall would increase towards the Barents Sea, where the EIS mass loss was cen-
128 tred, and decrease towards the south, where the MWP-1a mass loss from the Fennoscandian ice sheet was
129 smaller (Figs. 1 and 2). Available Norwegian RSL observations that extend into the Bølling are consistent
130 with this expected pattern: In western Finnmark, bordering the Barents Sea, estimated Bølling-Allerød RSL
131 fall is ~40m⁴⁵. In Southern Norway, RSL reconstructions suggest a fall of ~15m in Sunnmøre⁴⁶, and ~10m
132 or less in south-western Norway^{47,48}. A large MWP-1a contribution from the nearby EIS would also help
133 resolve the apparent discrepancy between observed records of a Bølling RSL fall in Scotland and predic-
134 tions of RSL rise based on glacioisostatic models of the MWP-1a sourced predominantly from the remote
135 Laurentide and Antarctic ice sheets⁴⁹.

136 Our new account of the EIS collapse is an important step towards solving the mysteries of the Bølling
137 event and the MWP-1a, which also raises a number of research questions pertinent to climate change sce-
138 narios for the near future.

139 (1) What triggered the collapse of the marine-based EIS? In addition to the abrupt atmospheric and
140 surface ocean warming at the Bølling transition^{35,50,51}, proxy records from core JM02-460 suggest a marked
141 subsurface warming on the Barents Sea continental shelf during the late Heinrich Stadial 1⁵², close to the
142 inferred ice sheet grounding line (Fig. 1). A vast ice-ocean interface rendered marine-based EIS sectors
143 potentially very sensitive to subsurface warming and melting at the grounding line, which is considered to
144 be one of the main drivers of current^{53,54} and past⁵⁵ mass loss from the Antarctic ice sheets.

145 (2) Which mechanisms drove the rapid EIS retreat? In addition to surface melting and the likely in-
146 volvement of mass-balance/elevation feedback⁴¹, continuity between subglacially carved lineations and
147 iceberg ploughmarks in the Bear Island Trough suggests calving of deep-keeled icebergs at the ice front⁵⁶.
148 These findings are consistent with the operation of the marine ice cliff instability mechanism (MICI)^{57,58}
149 during the rapid ice sheet retreat. The current water depth in the SW Barents Sea is 400-500 m, less than
150 the ~800 m thought to be required by MICI⁵⁷. Isostatic depression by ice sheet loading⁵⁹, however, may
151 have lowered the bed sufficiently for this mechanism to operate. Alternatively, the MICI may operate at
152 shallower depths than currently parameterized in models. Although past Antarctic deglaciation events can
153 be explained without invoking this specific mechanism⁶⁰, the MICI is featured in the model yielding the
154 high-end future rate of ice loss from the Antarctic Ice Sheet¹⁸.

155 (3) What was the impact of EIS meltwater on ocean circulation? We estimate that a meltwater flux of
156 0.2 Sv over 300 yr was injected into the Norwegian Sea and the Arctic Ocean during the early Bølling, a
157 time period when proxy evidence suggests vigorous Atlantic meridional overturning circulation^{11,12,61}. This
158 result implies that the relationship between freshwater injection and North Atlantic deep water formation is
159 not clear-cut, and highlights the need to resolve meltwater routing⁶².

160 Our reconstruction of the EIS deglaciation shows that an ice sheet comparable in size to the West
161 Antarctic ice sheet can collapse in as little as 300-500 years. Ice sheet models used to predict the future of
162 marine-based Antarctic ice sheets differ markedly in their predicted rates of ice loss and in the mechanisms
163 involved^{17,18}. We provide new empirical constraints that raise the prospect of using the marine-based EIS
164 collapse as a benchmark for validating such ice sheet models and ultimately improve projections of future
165 sea-level rise. The estimated rates of ice loss from the EIS during the early Bølling (~1.6 cm SLE yr⁻¹
166 averaged over 300 yr, peaking at ~2.2 cm SLE yr⁻¹) are comparable to high-end values of mass loss
167 projected for the West Antarctic ice sheet in the next centuries¹⁸.

168 Methods

169 Temporal evolution of the marine radiocarbon reservoir age (R)

170 We compiled a time series of 41 new and 58 previously published AMS ^{14}C ages of the polar subsurface-
171 dwelling planktonic foraminifer *Neoglobigerina pachyderma* sinistral, from four Norwegian Sea sediment
172 cores (Fig. 2).

173 Sediments from core GS07-148-17GC were continuously sampled in 0.5 cm thick slices that were dried
174 and washed over 45 and 100 μm sieves. From the $>100 \mu\text{m}$ grain size fraction, 47 samples of monospecific
175 *Neoglobigerina pachyderma* (sinistral) were picked and measured for ^{14}C at the Atmosphere and Ocean
176 Research Institute (AORI) at the University of Tokyo. Foraminiferal tests were weighed and washed ultra-
177 sonically before converting them into graphite under the protocol described in⁶³. For samples smaller than
178 0.3 mgC, a specially designed high vacuum line was used for the preparation⁶⁴. Target graphite was then
179 measured by the single stage accelerator mass spectrometer at AORI⁶⁵.

180 The ^{14}C data and other records from three of the cores (MD95-2010, HM79-6 and GIK23074) were
181 previously published^{32,34-36}. These cores were stratigraphically aligned to core GS07-148-17GC using tie-
182 points defined by a combination of records of ice rafted detritus (IRD), magnetic susceptibility (MS) and the
183 $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ of *N. pachyderma* sinistral (Supplementary Fig. 5). The alignment to the GS07-148-17GC
184 depth scale was performed with the Oxcal v4.3.2 software⁶⁶, using the P_Sequence sediment deposition
185 model⁶⁷ and the variable k option⁶⁸. We assume an uncertainty of $\pm 2 \text{ cm}$ (1σ) for each tie-point.

186 Absolute age control of the core records including ^{14}C was obtained by event-stratigraphic correlation
187 with the U/Th dated H82 speleothem $\delta^{18}\text{O}$ record from Hulu Cave, China²⁸ and isotope records from
188 Greenland Summit ice cores³³ (Supplementary Fig. 1). The rationale for this correlation rests on the close
189 relationship between Greenland temperatures, North Atlantic Ocean temperature and circulation, and the
190 Asian Monsoon on annual to decadal time scales^{22-25,27}.

191 For the correlation we used the MS record of core GS07-148-17GC determined in 2 mm steps by a
192 GeotekTM multi sensor core logger and a Bartington2 point sensor. MS in Norwegian Sea sediments is
193 considered to be a proxy for the strength of the warm Atlantic Water inflow over the basaltic Iceland Scot-
194 land Ridge through ocean current erosion and transport of magnetic mineral grains that are subsequently
195 deposited in the S-Norwegian sea; the Atlantic water inflow is in turn tightly linked to the general North
196 Atlantic climate, including Greenland temperatures^{32,69-71}. In the Marine Isotope Stage 3 (MIS-3) time
197 interval, the magnetic signal in SE-Norwegian Sea MS records is carried by ferromagnetic low-Ti titanom-
198 magnetites sourced from weathered basalt on the Iceland-Scotland ridge^{70,71}. To test if this interpretation
199 can be extended into the HS1-Bølling interval we have therefore obtained hysteresis and isothermal rema-
200 nent magnetization curves of discrete samples using a Kazan University J_Meter coercivity spectrometer
201 at the University of Bergen EarthLab facility. These analyses, combined with semi-quantitative chemical
202 profiles from XRF-core scanning (Supplementary Fig. 2), confirm that the MS signal is driven by the con-
203 centration of ferromagnetic minerals, and support the interpretation that these are most likely pseudo single
204 domain low-Ti titanomagnetites derived from weathered basalts of the Iceland-Scotland ridge.

205 We used the Hulu cave speleothem H82 $\delta^{18}\text{O}$ record as the Norwegian Sea MS correlation target be-
206 cause of its high temporal resolution, and because it contains high-amplitude signals that covary with the
207 MS record. This covariance has been attributed to fast atmospheric teleconnections operating on annual to
208 decadal timescales between ocean circulation and sea-ice in the North Atlantic and regional Asian monsoon
209 intensity and isotopic fractionation during moisture transport that is captured in the speleothem $\delta^{18}\text{O}$ ^{23,27,72}.
210 Experiments with general circulation models suggest that North Atlantic climate and low latitude hydrology
211 are physically linked through the growth of Northern Hemisphere ice cover and amplified Northern
212 Hemisphere cooling, which affects the position of the intertropical convergence zone and the monsoon sys-
213 tems⁷³⁻⁷⁵. The co-variation between Greenland ice core $\delta^{18}\text{O}$ and Norwegian sea MS, which is generally
214 very strong at stadial-interstadial transitions⁷⁶, is less pronounced during HS1, consistent with the finding
215 that North Atlantic climate was decoupled from Greenland temperatures during cold intervals⁷⁷. The Hulu
216 Cave H82 chronology rests solidly on a large number of U/Th dates that, paired with AMS ^{14}C measure-
217 ments, yield a high-resolution time series of atmospheric ^{14}C ages²⁸, which forms the backbone of the
218 IntCal13 atmospheric radiocarbon reconstruction³¹. By tying our Norwegian Sea ^{14}C record directly to the
219 Hulu Cave $\delta^{18}\text{O}$, we operate on the same absolute time scale as IntCal13. Hence, we can determine the
220 reservoir age effect in the Norwegian Sea (the difference between the IntCal13 atmospheric ^{14}C ages and
221 the Norwegian Sea ^{14}C ages). This approach is more precise than tying the Norwegian Sea record to the
222 Greenland ice core chronology (GICC05)⁷⁸, which has a cumulative counting error of up to $\pm 400 \text{ yr}$ in the
223 time interval considered here.

224 The GS07-148-17GC age model was constructed using the Oxcal v4.3.2 software⁶⁶, and the P_Sequence

225 sediment deposition model⁶⁷ with the variable k option⁶⁸. The age-uncertainty for each tie-point was de-
226 rived from a Oxcal P_Sequence model of the H82 speleothem, using the U/Th dates from Ref.²⁸ (Supple-
227 mentary Fig. 1). To account for uncertainty in the lead-lag relationships between the records, we assume
228 an added uncertainty of ± 25 yr (1σ) to each tie-point. Although the correlation depicted in Supplementary
229 Fig. 1 is very detailed, the resulting age-depth relationship for the Norwegian Sea cores remains smooth
230 and roughly linear between the Holocene boundary and an interval of rapid deposition centered at 17.5 ka
231 that is related to the break-up of the Norwegian Channel Ice Stream^{79,80} and a catastrophic drainage of a
232 large ice dammed lake in the North Sea⁸¹. Our correlation is validated by the occurrence of the Vedde Ash
233 layer in the interval ascribed to Younger Dryas both in the GS07-148-17GC and in the Greenland ice core
234 records³³ (Supplementary Fig. 1).

235 To assess the sensitivity of our results to the reconstructed chronology, we explored an alternative depo-
236 sition model without any assumptions of teleconnections or synchrony between proxy records (Supplemen-
237 tary Fig. 3). We constrained the ages of this alternative model with the Vedde Ash, which is dated by layer
238 counting in the Greenland ice cores to 12121 ± 57 cal yr BP on the GICC05 chronology⁸² (Supplementary
239 Fig. 1), and with 24 ^{14}C dates from our compilation (Supplementary data file). We restricted the use of ^{14}C
240 dates to the Younger Dryas and Bølling-Allerød time periods where the Norwegian Sea R has been inde-
241 pendently constrained by paired marine and terrestrial ^{14}C dates³⁰. We then used the *Marine13* calibration
242 curve³¹ with a ΔR of 100 ± 50 yr, and the same deposition model as in our preferred chronology, invoking
243 the default *general* outlier model⁸³. Due to a lack of pre-Bølling age constraints, this alternative chronology
244 expectedly shows much greater pre-Bølling age uncertainty than our preferred chronology. Nevertheless,
245 the two chronologies overlap almost entirely in their 68.2 % (1σ) credible intervals (Supplementary Fig. 3).
246 Notably, the alternative chronology yields a drop in ^{14}C age at the Bølling transition that is steeper than in
247 our preferred chronology, implying an even more abrupt EIS collapse. Hence, we conclude that the inferred
248 drop in R at the Bølling transition is unlikely to be an artefact of the age model, and that our estimates are
249 conservative in terms of the rate of EIS mass loss and its contribution to the MWP-1a.

250 From the compiled time series of ^{14}C ages we calculate R as the difference between the Norwegian Sea
251 ^{14}C and the *Intcal13* atmospheric ^{14}C calibration curve³¹ (Fig. 2F). To incorporate the uncertainty in both
252 calendar ages and ^{14}C ages in our reconstructed ^{14}C and R record, we generated an uncertainty envelope
253 by Monte Carlo sampling of multiple posterior probability density functions (PDFs) generated by the Oxcal
254 sediment deposition models of the core stratigraphies: (i) PDFs of the stratigraphic alignment of the four
255 Norwegian Sea sediment cores, (ii) PDFs of the depositional model for the GS07-148-17GC core, which
256 incorporate both the uncertainty in the Hulu Cave target $\delta^{18}\text{O}$ record and uncertainty in the correlation to
257 the Hulu Cave record, and (iii) PDFs of the ^{14}C measurements. Our time series of ^{14}C ages is the mean
258 $\pm 1\sigma$ of 10^5 Monte Carlo realizations of the dataset in 10-yr bins using linear interpolation. It spans the
259 period from 12,200 to 19,000 cal yr BP and is available as supplementary data formatted as a .14c file that
260 can be used directly in radiocarbon calibration software.

261 Our R record are consistent with R values previously reported from the North Atlantic and the Norwe-
262 gian Sea and coast^{30,36,84–86}. Although a different approach was used to constrain the calendar ages of core
263 GIK23074³⁶, we arrive at similar reservoir ages.

264 Tephrochronology

265 Tephra shards were quantified in the $>100 \mu\text{m}$ grain fraction in ~ 20 cm interval of core GS07-148-17GC
266 corresponding to the Younger Dryas chronozone. This interval was chosen with the aim of finding the
267 Vedde Ash tephra that is a key chronostratigraphic marker horizon in the North Atlantic region, and is also
268 found in the Greenland Ice cores³³ and several of the Norwegian Sea cores used in this study^{32,35}. Based on
269 their colour and morphological character, tephra particles were grouped into a transparent-white rhyolitic
270 type of tephra and a brown basaltic type of tephra. The total count from each of these tephra types was
271 normalized using the total dry weight of the samples and the results plotted versus depth (Supplementary
272 Fig. 1)

273 Tephra shards from three depth intervals (32.5-33.0, 33.5-34.0 and 36.0-36.5 cm) were selected for geo-
274 chemical analysis. 25-30 shards of both rhyolitic and basaltic type were picked for major oxide geochemical
275 analysis on the University of Bergen Zeiss Supra 55 VP scanning electron microscope. The microscope was
276 attached to a Thermo energy dispersive X-ray spectrometer with 9.5 mm working distance, beam current
277 of 1.00 mA, an aperture size of $60 \mu\text{m}$, beam width of $6 \mu\text{m}$ and detection time of 60 s. The results are
278 presented in the Supplementary Data File and in Supplementary Fig. 4. As the geochemical analysis were
279 performed directly on the shards and without any leveling or polishing the beam will hit the surface from
280 different angles. This resulted in that the counting rate of the different elements becomes slightly more

281 scattered than during analysis on a polished thin section. The major element composition is, however,
282 consistent with published major element data from the Vedde Ash (Supplementary Fig. 4).

283 Ice sheet margin reconstructions

284 We reconstructed the deglaciation of the EIS complex in a Bayesian chronological framework using Oxcal
285 4.2.4^{66–68,83}. The prior model was constructed using available chronological, stratigraphical and morpho-
286 logical data that were aggregated, independently for the BSIS and the FIS, into a sequence of phases with
287 known relative ages. A phase in this context refers to the retreat (or advance) of the ice sheet in a specific
288 area.

289 We grouped the deglaciation of the FIS ice sheet into two phases: (i) late HS1 advance and (ii) deglacia-
290 tion on the continental shelf and outer coasts. Following the deglaciation of the continental shelf, we use the
291 ages and ice sheet geometries provided by the *Dated-1* reconstruction¹⁹ in the 14–10 ka interval, as these
292 are predominantly based on terrestrial dates not affected by our recalibration of the marine ¹⁴C dates. The
293 ice margins along the southern and eastern margins of the FIS were generated by interpolating between the
294 15 ka and 14 ka *Dated-1* ice margins using the TopoToRaster tool in ArcMap 10.5.1. On the Norwegian
295 continental shelf, evidence suggests that the deeper troughs deglaciated rapidly compared to the shallower
296 banks^{87–89}.

297 The more complex deglaciation history of the BSIS was divided into five phases: (i) late HS1 advance,
298 (ii) deglaciation of the major overdeepened areas of Storfjorden trough, Bear Island trough and Franz Vic-
299 toria trough, and the narrow continental shelf areas west and north of Svalbard, (iii) deglaciation of the
300 Central Deep, (iv) final deglaciation of the shallow banks in the northern Barents Sea, and (v) ice retreat
301 to the Svalbard archipelago. An early deglacial phase was added before the late HS1 advance, without
302 assigning ice sheet margins. At 12–10 ka we used the *Dated-1*¹⁹ BSIS ice sheet geometries.

303 We adapt a previously proposed ice sheet retreat pattern for the southern Barents Sea, suggesting
304 episodic rapid retreat in the Bear Island trough^{90–94}. Well preserved retreat ridges suggest that the ice
305 remaining on the shallower banks retreated more slowly⁹². The final ice movement on the southern Barents
306 sea banks was from the east^{92,94} suggesting an ice dome remained over the Central Deep following the
307 separation of the BSIS and the FIS (Fig. 1).

308 The age-control of each phase was constrained by the ages of sediment facies and/or facies transitions
309 linked to ice margin positions within the phase (Supplementary Figs. 8 and 9), as well as by the age
310 information of adjacent phases in the sequence. We used the published ¹⁴C dates either directly as ages of
311 the sampled sedimentary units, or, in cases where sufficient published dates and stratigraphic information
312 were available, used PDFs of sediment unit boundaries (e.g. the boundary between subglacial till and
313 glacial-proximal sedimentary facies) generated with the OxCal P_Sequence deposition model^{67,68}. Outliers
314 were detected and dealt with using the default *general* outlier model in Oxcal⁸³ (Supplementary Figs. 8;9).
315 To account for possible deviations in R from the reconstructed Norwegian Sea ¹⁴C and Marine13, we
316 add a ΔR of 0 ± 50 ¹⁴C years (1σ) to each marine radiocarbon age determination. To calibrate marine
317 conventional ¹⁴C ages younger than 11800 ¹⁴C years, we use the Marine13 curve³¹, terrestrial dates are
318 calibrated with the IntCal13³¹.

319 For each phase of the deglaciation we outlined a succession of ice margins (Fig. 1) based on published
320 sediment core data, geomorphological interpretations and ice sheet reconstructions for the BSIS^{19,21,52,90–129}
321 and FIS^{19,45,51,80,81,87–89,118,130–143}. The available information is, however, too sparse to yield continuous
322 time-synchronous margins and we stress that the reconstructed margins are intended to capture the general
323 pattern of retreat rather than to be accurate representation of the ice sheet at a specific time. To account for
324 uncertainty in the ice sheet geometry, we follow the approach of¹⁹ and construct accompanying maximum
325 and minimum margins (Fig. 1). These are treated as the 95% quantiles. For margins derived from the
326 *Dated-1* reconstruction, we use their max and min margins¹⁹.

327 Ice sheet volume estimates

328 We converted the reconstructed ice sheet areas to volumes using the approximation proposed by Paterson³⁹:
329 $\log V = 1.23(\log S - 1)$, where V is volume and S is area. Paterson's formula was determined empirically
330 by regression of measurements on six extant ice sheets and ice caps, the boundary conditions of which
331 are not directly comparable to those of the EIS. To assess the sensitivity of the volume estimates to the
332 regression assumptions, we also used the area-volume relationships from the output of a recent ice-sheet
333 model of the EIS⁴⁰ to convert the reconstructed areas volume (Supplementary Fig. 10). Although the
334 model-based regression yields an EIS volume that is 2.7 m SLE smaller than the Paterson approximation

335 at the start of the deglaciation, the difference in the estimated ice loss between 14.7 and 14.4 kyr BP is
336 only ~0.2 m SLE, which is negligible with respect to our conclusions (Supplementary Fig. 10). Paleo-
337 depths of the continental shelves on which the EIS was grounded are obscured by an unknown amount
338 of isostatic uplift since deglaciation. Without correcting for ice volume below flotation through glacio-
339 isostatic modelling, which is outside the scope of our study, our estimated volumes cannot be interpreted as
340 eustatic sea-level change. For each ice sheet margin reconstruction and associated uncertainty estimates, we
341 generated a PDF of the volume estimate using Gaussian kernels. The volume-PDF and accompanying age-
342 PDF of each reconstructed ice sheet were resampled using a Monte Carlo technique detailed at <https://github.com/kahaaga/EurasianDeglaciation>.
343

344 **The effect of bioturbation**

345 The Norwegian Sea sediment core GS07-148-17GC (Fig. 1) features a large, complex burrow with open
346 cavities containing pellets (Supplementary Fig. 6). Unlike ambient biogenic sediment mixing, which is
347 typically limited to an upper mixed layer, this burrow (or set of burrows) extends ~25 cm down into the
348 late HS1, and may have transported younger material down through this stratigraphic interval. Seven ^{14}C
349 dates from this interval of the GS07-148-17GC core deviate from the ages in nearby cores GIK23074 and
350 HM79-6 (Fig. 1) at the same stratigraphic level. The presence of the large burrow through this interval
351 compelled us to discard these ^{14}C dates from the ^{14}C reconstruction (Supplementary Fig. 5).

352 To assess the potential impact of ambient biogenic sediment mixing on the observed decline in R at
353 the Bølling transition, we used the TURBO2 model¹⁴⁴, a mixed layer model with instantaneous mixing
354 designed to simulate the effects of bioturbation on proxy records from sedimentary particles such as
355 foraminifera. As input we used 1,024 simulated vectors of abundance generated as normally distributed
356 random values centered on the best-fit linear trend and with the standard deviation of the observed record
357 of the abundance of foraminifera from the MD95-2010 core³². The simulated number of specimens picked
358 for measurement was set to 200. To focus on the change in R across the Bølling transition, we limited the
359 modeling to the time interval between ~15,400 and ~13,700 calendar yr BP. To keep the model as simple
360 as possible, we let the hypothetical true decline in R be an instantaneous step change superimposed on the
361 overall linear trend in the observed ^{14}C record, and we assumed a constant mixed layer depth. Under this
362 scenario, if we invoked a drop in the modeled R record of ~1,220 ^{14}C yr from 14,600 to 14,550 calendar yr
363 BP and used a mixed layer depth of 6 cm, then the bioturbated ^{14}C ages simulated by TURBO2 provided a
364 reasonable fit to the observed ^{14}C record (Supplementary Fig. 7). Hence, the effect of bioturbation would
365 be to temporally smear out a more abrupt event in the ^{14}C record. This smearing effect pushes the recal-
366 ibrated ^{14}C ages for the start of the deglaciation backwards in time, and attenuates the estimated EIS melt
367 water flux. An upward bias towards older ages affects ^{14}C dates between ~13,200 and 14,000 ^{14}C yr BP in
368 particular, and is important to bear in mind if the ^{14}C record is to be used as a regional calibration curve.

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378 **Author contributions**

379 J.B. conceived and designed the study, developed the core chronology, the deglaciation chronology, and
380 the ice margin reconstruction. H.H. collected sediment core GS07-148-17GC and performed tephrochron-
381 ological and geochemical analyses. Y. Y. performed AMS ^{14}C analyses. K. A. H. and J.B. developed the
382 Norwegian Sea ^{14}C reconstruction and performed statistical analyses. B. H. performed bioturbation mod-
383 elling. J.B., B.H. and K. A. H. wrote the paper, and all authors contributed to the writing of the final version
384 of the manuscript.

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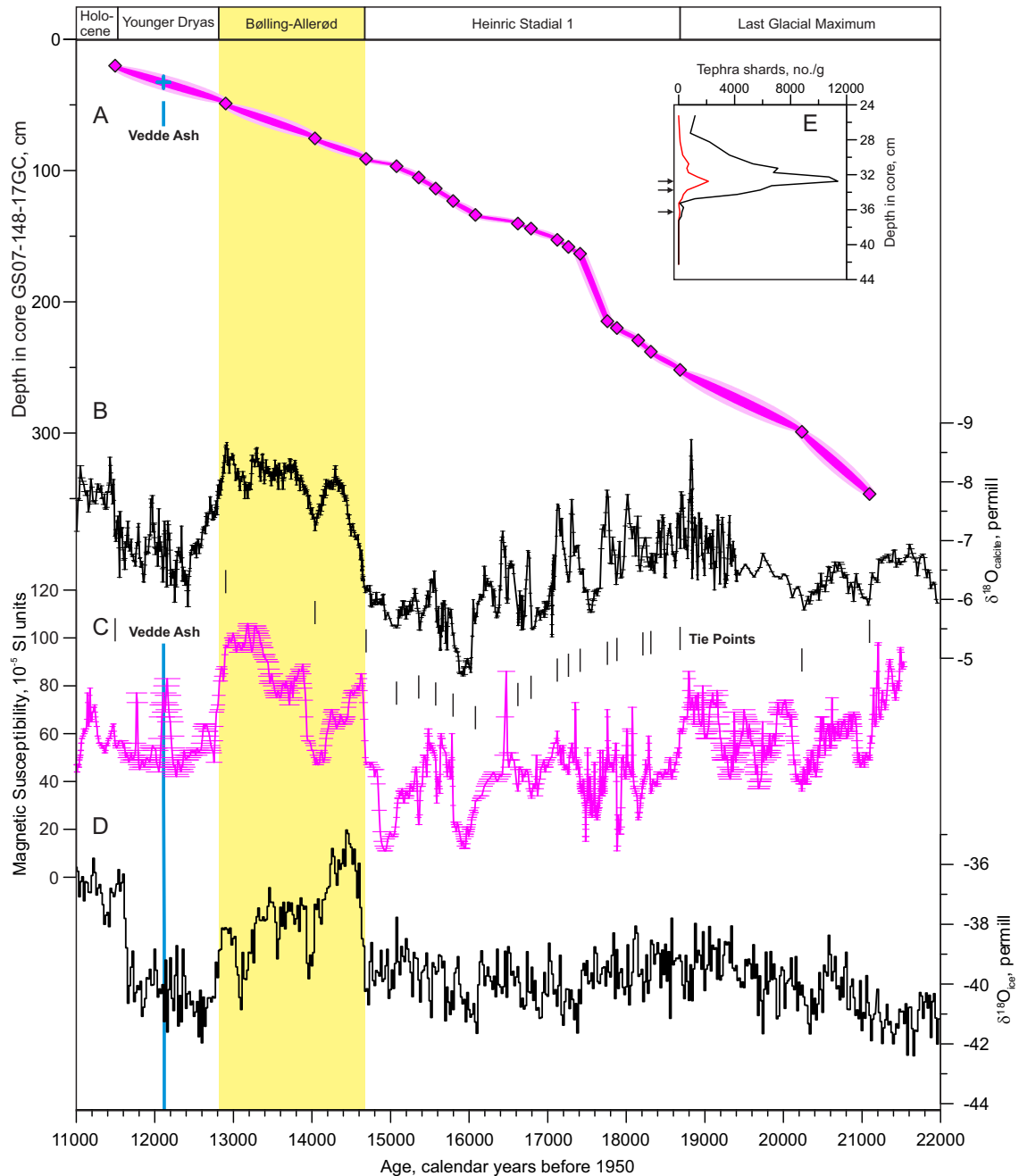
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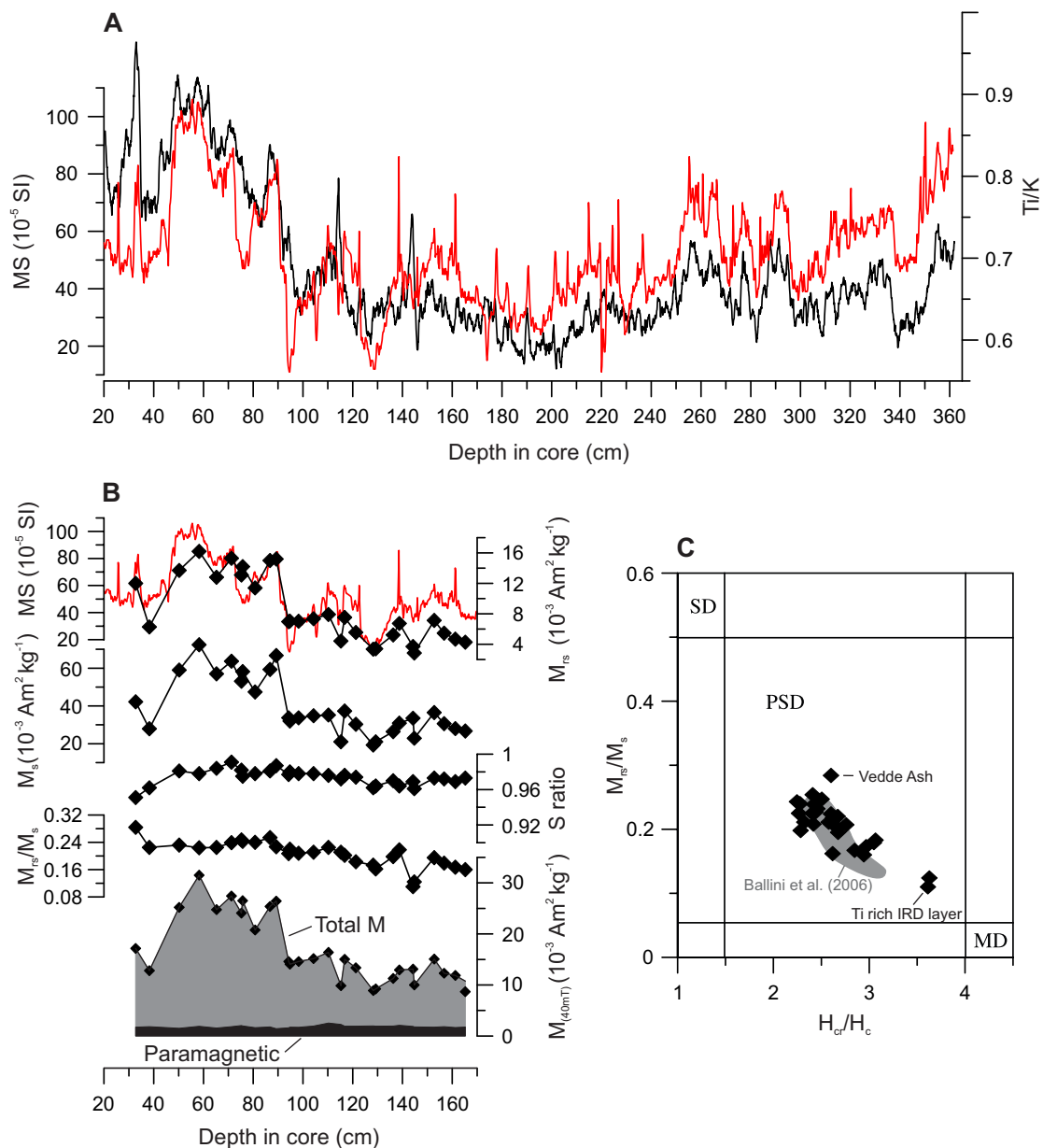
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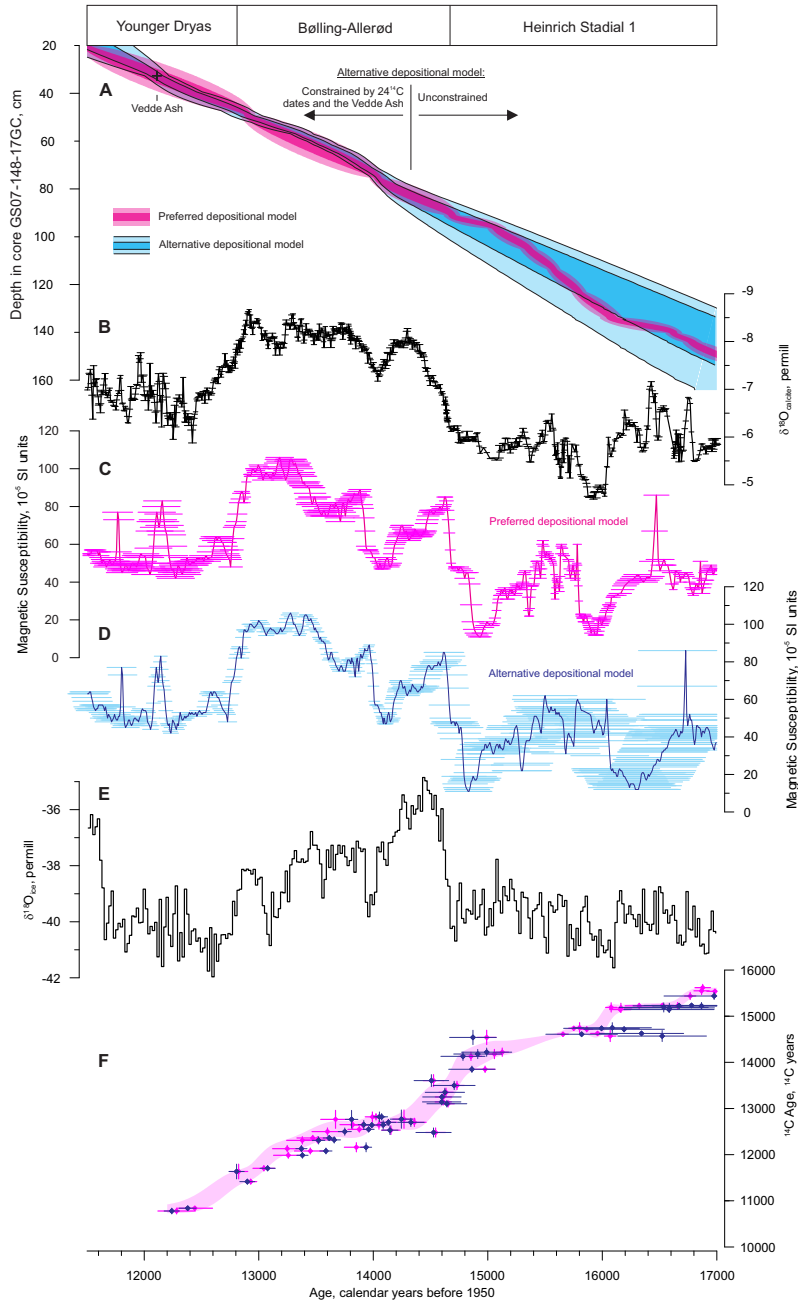
Supplementary Figures



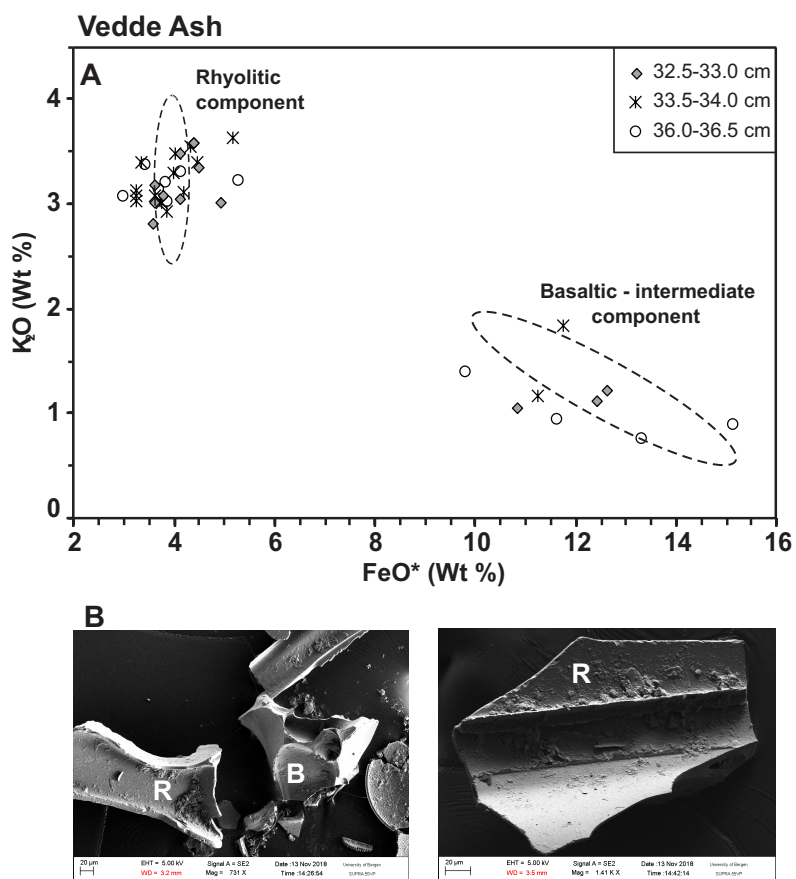
Supplementary Figure 1: Age-model of the Norwegian Sea core GS07-148-17GC. **A**, Age model constructed using the P_Sequence option in OxCal⁶⁷. The dark- and light-colored bands represent the respective 68.2% and 95.4% credible intervals of the model. The model is made by defining tie-points (diamonds and vertical dashes between **B**) and **(C)**) between the magnetic susceptibility record of core GS07-148-17GC (**C**) and the $\delta^{18}\text{O}$ record from Hulu cave (**B**)²⁸. While the Bølling transition is associated with high sedimentation rates and deposition of plumites closer to the continental shelf edge and the ice sheet grounding line^{89,107,116}, core GS07-148-17GC is located in a more distal setting where the direct influence from sediment-laden meltwater plumes is less likely. The interval with high sedimentation rates centered at about 17.5 kyr cal BP is related to the deposition of a plumite sourced from the Norwegian Channel Ice Stream^{79-81,145,146}. Horizontal error bars in **B-C** represent the 1σ uncertainty of the Oxcal-generated age-model for the respective records. **(D)**, The average of the $\delta^{18}\text{O}$ record from the Greenland summit ice cores (GISP2 and GRIP aligned on the GICC05 chronology³³), which is plotted for reference. The peak occurrence of the Vedde Ash in core GS07-148-17GC and the Greenland ice cores is indicated by the blue line. Note that the Vedde Ash has not been used to constrain the GS07-148-17GC chronology, yet the difference in the Vedde Ash ages is only 10 years. **E**, The distribution of tephra shards found in core GS07-148-17GC, including rhyolitic (black) and basaltic (red) shards. Arrows mark levels sampled for geochemical analyses of tephra shards (Supplementary Fig. 4).



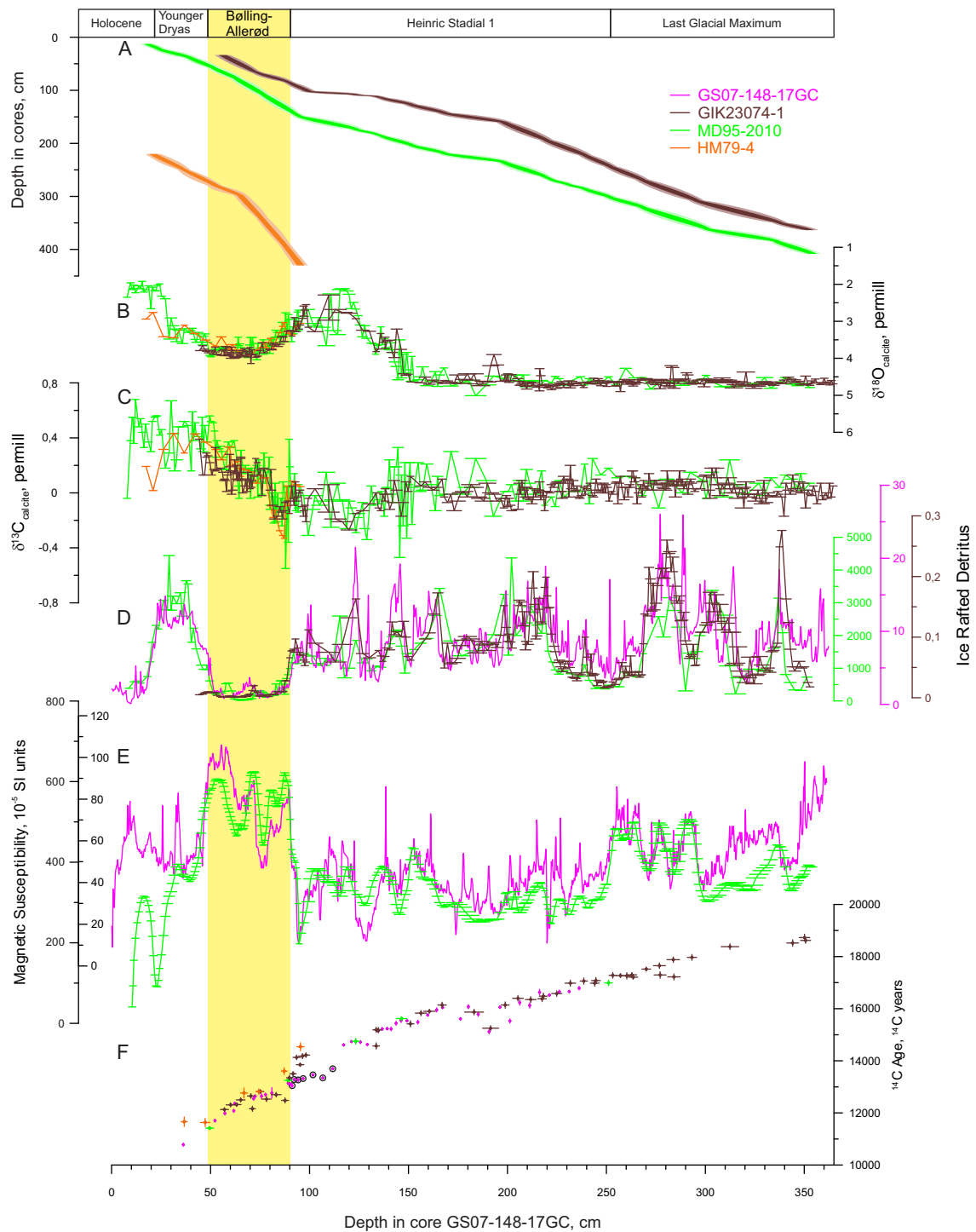
Supplementary Figure 2: Magnetic and geochemical parameters from the deglaciation interval in core GS07-148-17GC. A, Magnetic Susceptibility (MS)(red) and Ti/K ratio from Multi-sensor core logging and XRF core scanning (black, 11 point running mean). As found by Ballini et al.⁷¹ during the MIS-3 interval, the MS and Ti/K closely co-vary also in the deglacial interval. B, black diamonds are hysteresis parameters from discrete sample measurements on a coercivity spectrometer (corrected for paramagnetic material). From the top: Saturation remanent magnetization (M_{rs}) and MS (red line). The M_{rs} and M_s closely track the bulk MS, as found in MIS-3⁷¹. An S -ratio ($S = -IRM_{-0.3T}/IRM_{0.5T}$) close to unity for all measured samples suggest that the ferromagnetic minerals are homogeneous and dominated by low coercivity minerals throughout the studied core interval, similar to the MIS-3^{70,71}. The field strength necessary to reach saturation remanence is below 300 mT, pointing to magnetite or titanomagnetite as the main ferromagnetic mineral⁷⁰. Additional thermomagnetic curves from representative MIS-3 samples^{70,71} imply that the mineral carrying the SE-Norwegian Sea MS signal is low-Ti titanomagnetite. Slightly lower M_{rs}/M_s ratio in the HS1 interval of core GS07-148-17GC is consistent with the results of Ballini, et al.⁷¹ suggesting that the magnetic grain sizes are slightly larger during stadials. The lowermost panel shows the total magnetic susceptibility (gray field, as measured and not corrected for paramagnetic material) at an induced field of 40 mT (M_{40mT}), and the corresponding paramagnetic contribution (black field). The low and relatively constant paramagnetic contribution to the total M demonstrates that the MS signal is driven by the concentration of ferromagnetic minerals. C, Day plot¹⁴⁷ showing that the magnetic grain sizes fall in the pseudo-single domain range, consistent with the results of Ballini et al.⁷¹ (gray field).



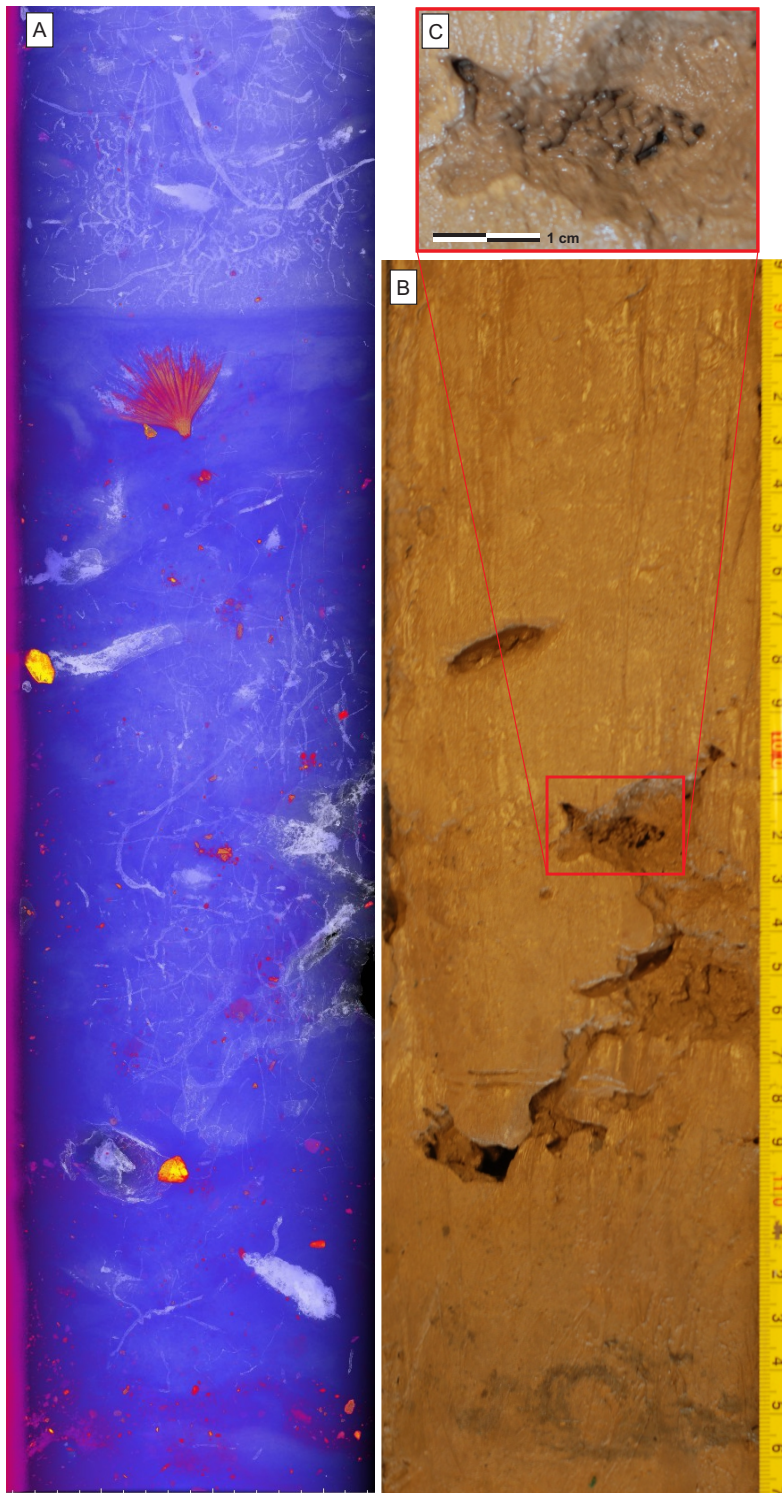
Supplementary Figure 3: Alternative depositional model of core GS07-148-17GC. **A**, comparison of the preferred deposition model (Magenta; Supplementary Fig. 1) and our alternative deposition model (cyan). Darker and lighter color represents the 68.2% and 95.4% credible intervals, respectively. The positions of the Vedde Ash, and the constrained and unconstrained segments of the models are indicated. **B**, The $\delta^{18}\text{O}$ record from Hulu cave as in Supplementary Fig. 1²⁸. **C-D**, the MS record of core GS07-148-17GC on the preferred (**C**, magenta) and alternative (**D**, blue) deposition model. The horizontal error bars in **B**, **C** and **D** represent the 1σ uncertainty of the Oxcal-generated deposition models for the respective records. **E**, the average of the $\delta^{18}\text{O}$ record from the Greenland summit ice cores (GISP2 and GRIP aligned on the GICC05 chronology³³) plotted for reference. **F**, the ^{14}C ages of the Norwegian Sea compilation plotted both on our preferred chronology (magenta) and the alternative chronology (blue), the light pink field is the Norwegian Sea ^{14}C reconstruction.



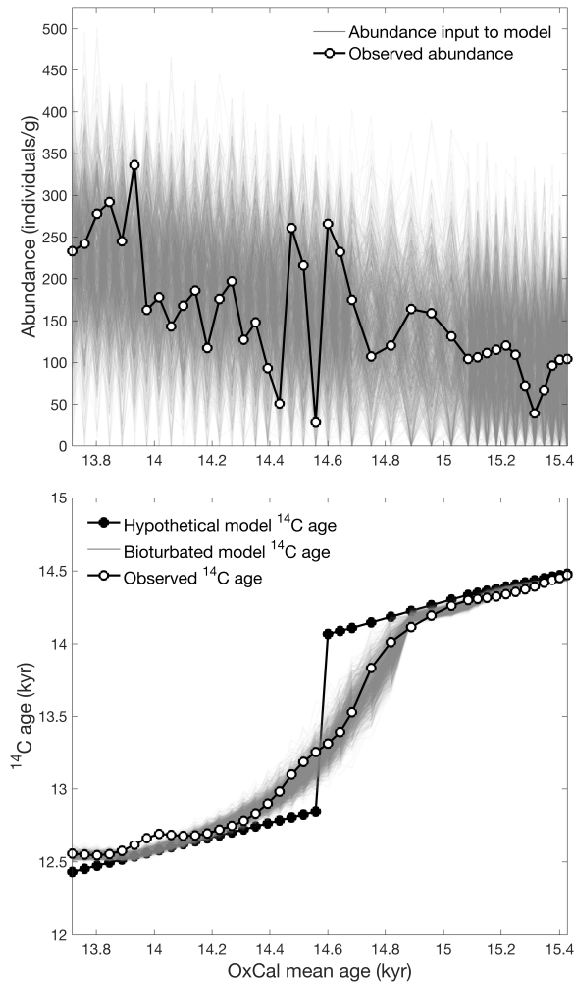
Supplementary Figure 4: The Vedde ash in core GS07-148-17GC. **A**, Bivariate plot of FeO* vs K₂O showing the results from all the data presented in the Supplementary data File. All data are normalized to a 100% total on a water and volatile-free basis for data set comparison (the Supplementary Data File contains the original non-normalized geochemical data). Total iron is expressed as FeO*. Compositional envelopes (dash lines) show the rhyolitic and basaltic-intermediate components of the Vedde Ash (from Tephabase: www.tephabase.org¹⁴⁸). **B**, Scanning electron microscope images of glass shards from interval 32.5-33.0 cm depth in core GS07-148-17GC (B: basaltic glass, R: rhyolitic glass).



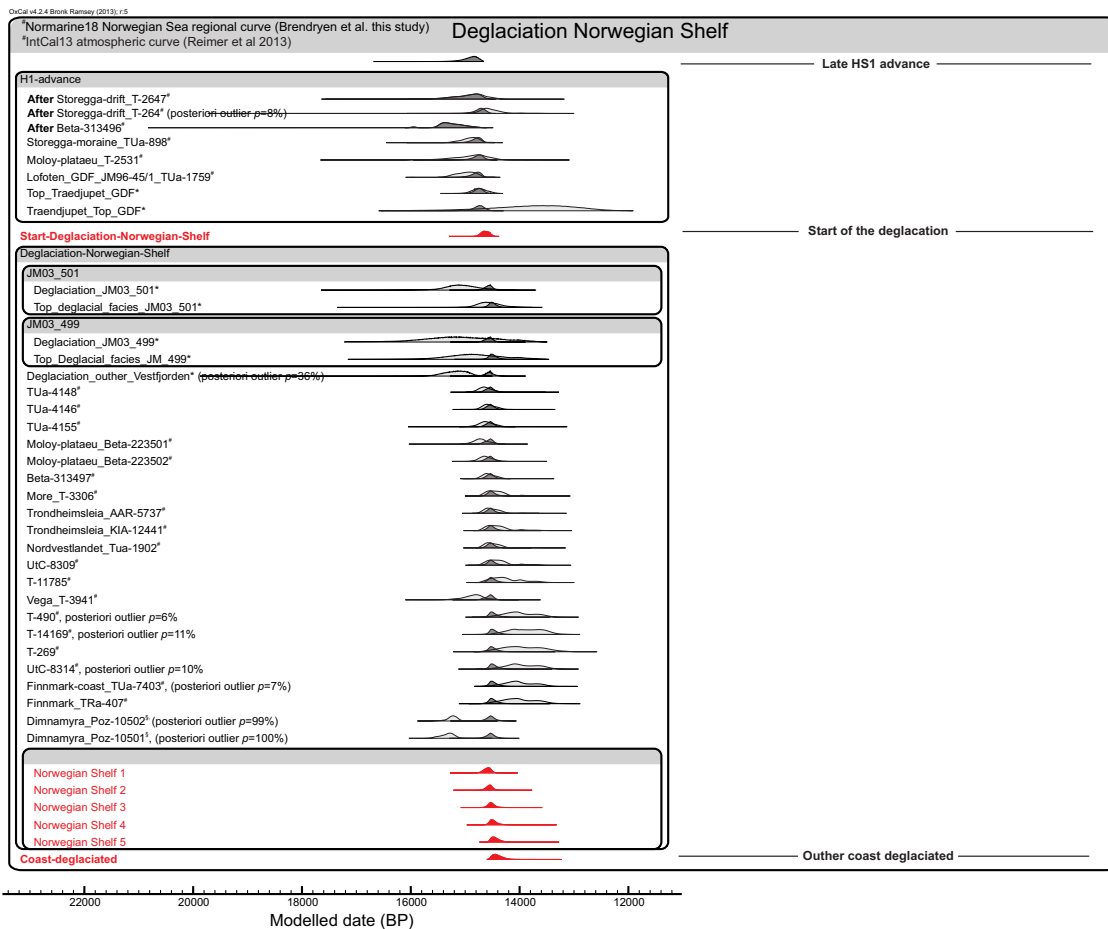
Supplementary Figure 5: Norwegian Sea data records plotted on GS07-148-17GC depth scale. **A**, Depth models of cores HM79-4, GIK23074-1 and MD95-2010 constructed using the P_Sequence option in OxCal⁶⁷. Light-colored uncertainty envelopes represent the 95.4% quantiles, while darker colored represent the 68.2% quantiles of the depth model PDF. The models are made by defining tie-point between the cores and core GS07-148-17GC using the records of **(B)** $\delta^{18}\text{O}$ ^{32,34,35}, **(C)** $\delta^{13}\text{C}$ ^{32,34,35}, **(D)** IRD^{32,34}, and **(E)** magnetic susceptibility³². **F**, Compiled AMS ^{14}C ^{32,34-36}. Circles mark the dates that are excluded from further analysis due to distortion of the core stratigraphy from deep burrows (Supplementary Fig. 6). Horizontal error bars in **B-F** represent the 1σ uncertainty of the depth model for the respective cores.



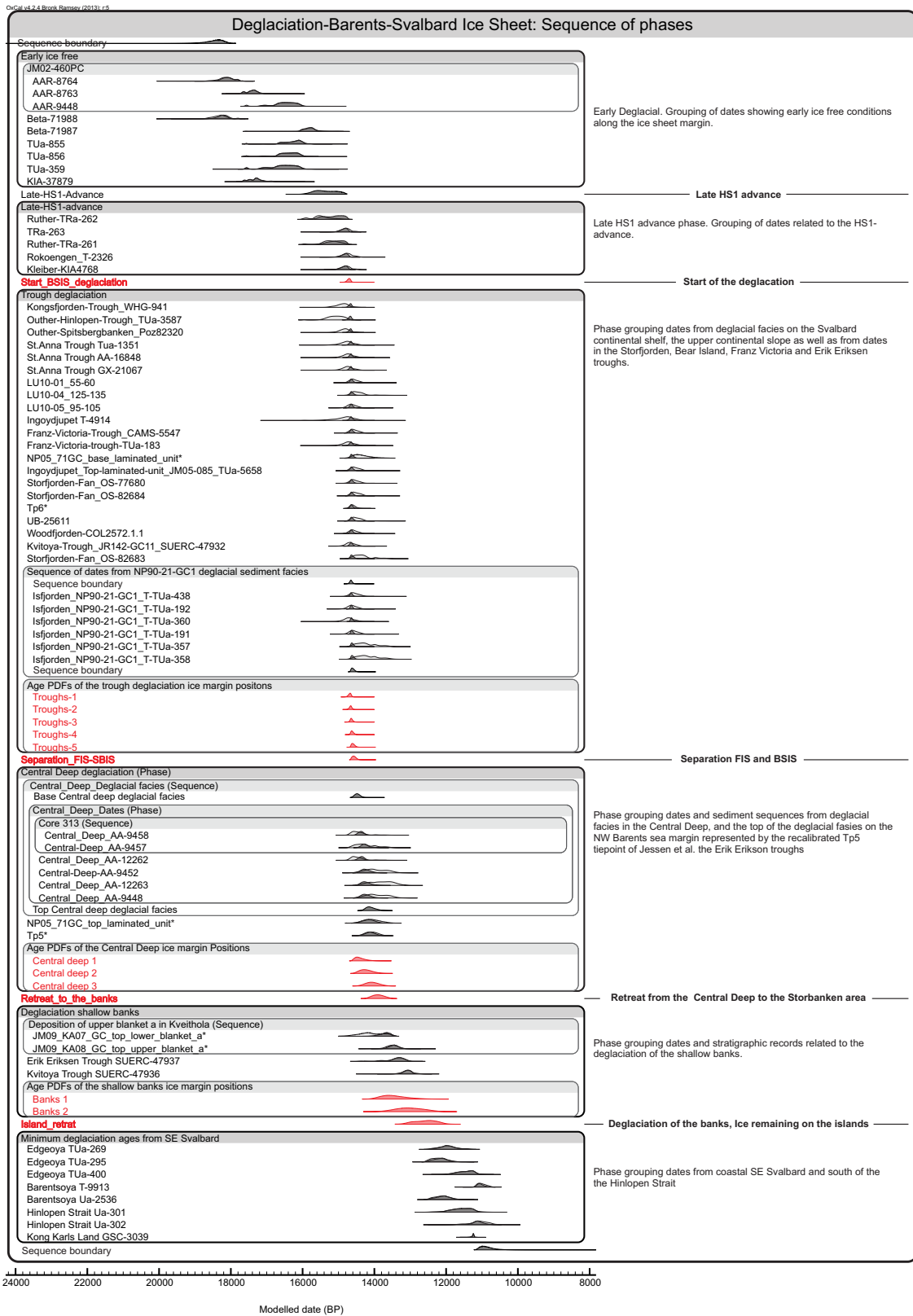
Supplementary Figure 6: Trace fossils and burrows between 83 and 117 cm depth in core GS07-148-17GC. **A**, Computed tomography radiograph with colour scheme chosen to emphasise trace fossils and burrows. White and light blue colours indicate low-density sediments and cavities, red and yellow colours mark high-density material. **B**, Photograph of the core surface showing open burrow tubes and cavities, **A** and **B** are aligned on the same depth scale. **C**, Close-up of burrow cavity containing ovoid pellets with the same density as the surrounding sediment. We assume these pellets were made by the burrowing organism.



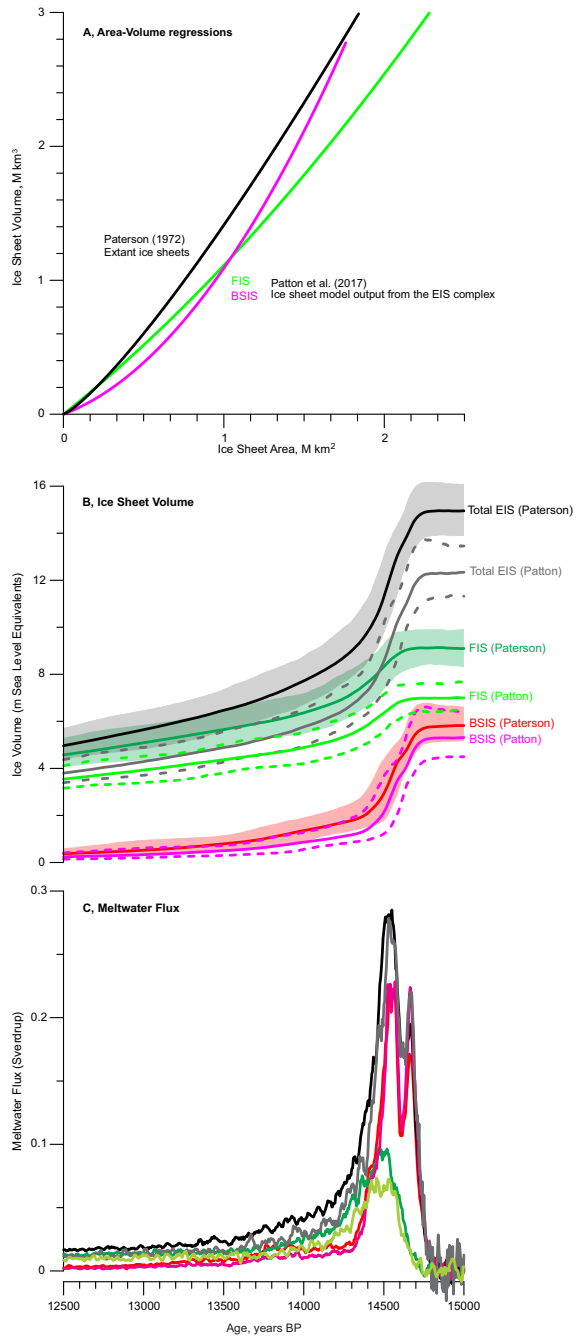
Supplementary Figure 7: The effect of bioturbation on the ^{14}C reconstruction at the Bølling transition. To assess the potential impact of bioturbation, we used the TURBO2 model¹⁴⁴ (Methods). As input we used 1,024 simulated abundance vectors (gray; top panel) generated as normally distributed random values centered on the best-fit linear trend and with the standard deviation of the observed abundance of foraminifera in core MD95-2210³² (top panel). If we assume a constant mixed layer depth of 6 cm, then the observed change in ^{14}C age can be reproduced with reasonable accuracy in TURBO2 by invoking a hypothetical true ^{14}C age with an abrupt step change 14.56 kyr ago (lower panel). This result is not an attempt to infer the true ^{14}C age history, but rather to demonstrate that the effect of bioturbation would be to smear out the true event. As a consequence, our reconstruction is likely to overestimate the time scale of the EIS collapse and underestimate its contribution to the global MWP-1a.



Supplementary Figure 8: Bayesian deglacial chronology of the Norwegian continental shelf. As prior information, all radiocarbon dates or probability density functions of sediment unit boundaries are grouped into phases according to geographical and/or stratigraphical context. A phase in this context refers to a retreat (or advance) of the ice sheet in a specific area. The phases are ordered in a sequence following the relative chronological order. The PDF's of unmodeled conventional ^{14}C dates are calibrated using the new Norwegian Sea ^{14}C age reconstruction (Fig. 2) and is shown as light gray. Dark gray mark the modeled posteriori PDF of the same dates. Red PDF's show the posteriori age probabilities of undated events that corresponds to reconstructed ice margins depicted in Fig. (1).



Supplementary Figure 9: Bayesian deglacial chronology of the Barents-Svalbard ice sheet. As prior information, all radiocarbon dates or probability density functions of sediment unit boundaries are grouped into phases according to geographical and/or stratigraphical context. A phase in this context refers to a retreat (or advance) of the ice sheet in a specific area. The phases are ordered in a sequence following the relative chronological order. The PDF's of unmodeled conventional ^{14}C dates are calibrated using the new Norwegian Sea ^{14}C age reconstruction (Fig. 2) and is shown as light gray. Dark gray mark the modeled posteriori PDF of the same dates. Red PDF's show the posteriori age probabilities of undated events that corresponds to reconstructed ice margins depicted in Fig. (1).



Supplementary Figure 10: Comparison between area-volume regressions. **A**, Regression lines of ice sheet area and volume data used to convert the EIS area reconstruction to volume with the regression of³⁹ through six extant ice sheets (black) and regression lines (2nd order polynomial fits) through the EIS modeling output from⁴⁰ (green and purple). FIS, Fennoscandian Ice Sheet; BSIS, Barents Svalbard Ice Sheet; BIIS, British Isles Ice Sheet. **B**, Comparison of the EIS volume estimated by the regression of³⁹ and a 2nd order polynomial regression of ice sheet specific area-volume output from a transient model simulation of the growth and decay of the EIS complex of⁴⁰. **C**, The corresponding meltwater fluxes. Color codes are the same as in **B**.