



Corrigendum to “Sleep and physical activity from before conception to the end of pregnancy in healthy women: A longitudinal actigraphy study” [Sleep Med 83 (2021) 89–98]

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The authors regret to point out that two sub-headings in Table 2 (i.e., ‘Daily vigorous or moderate activity duration, min’ and ‘Daily light activity duration, min’) have been swapped. The heading in row 17 should be in the position of the heading in row 22, and conversely, the heading in row 22 should be in the position of the one in row 17 (please find the revised Table 2 below).

The authors would like to apologise for any inconvenience caused.

Revised Table 2:

Table 2

Time point	N	Mean ± SD ^a	Range	Adj. ^b mean	Adj. 95% CI ^c
Daily total sleep time, min					
Before conception	117	415.3 ± 54.0	269.8–542.0	429.1	414.5–443.7
1st trimester	117	458.0 ± 68.8	280.7–709.3	471.6	457.0–486.2
2nd trimester	115	450.9 ± 68.2	253.2–714.7	463.4	448.7–478.1
3rd trimester	113	446.1 ± 70.4	184.7–636.8	459.8	444.9–474.6
Daily sleep efficiency, %					
Before conception	117	82.71 ± 6.34	64.87–94.30	88.69	61.22–116.15
1st trimester	117	81.17 ± 6.51	61.49–95.23	87.29	59.83–114.75
2nd trimester	115	82.44 ± 7.07	52.62–96.41	88.44	61.0–115.89
3rd trimester	113	79.73 ± 8.31	50.23–95.61	85.55	58.09–113.01

(continued on next column)

Table 2 (continued)

Time point	N	Mean ± SD ^a	Range	Adj. ^b mean	Adj. 95% CI ^c
Daily total physical activity duration, min					
Before conception	117	363.7 ± 122.0	119.0–829.5	331.7	307.6–355.8
1st trimester	117	262.1 ± 108.7	7.3–568.5	231.6	207.4–255.7
2nd trimester	115	250.6 ± 114.2	17.8–772.0	218.9	194.6–243.2
3rd trimester	113	214.8 ± 95.4	38.2–509.0	179.1	154.7–203.6
Daily light activity duration, min					
Before conception	117	267.2 ± 90.6	94.3–530.8		
1st trimester	117	207.7 ± 87.0	7.2–436.0		
2nd trimester	115	197.5 ± 86.6	18.2–448.0		
3rd trimester	113	172.7 ± 81.0	33.2–439.0		
Daily vigorous or moderate activity duration, min					
Before conception	117	98.6 ± 58.4	17.2–356.2		
1st trimester	117	56.4 ± 37.5	0.0–218.8		
2nd trimester	115	54.3 ± 47.9	0.0–324.0		
3rd trimester	113	43.5 ± 29.2	0.0–123.8		

^a SD, standard deviation.

^b Adj., adjusted.

^c CI, confidence interval.

DOI of original article: <https://doi.org/10.1016/j.sleep.2021.04.028>.

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<https://doi.org/10.1016/j.sleep.2023.09.017>

Available online 28 September 2023

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