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# Fish feed as source of potentially allergenic peptides from the fish parasite *Anisakis simplex* (s.l.)

Citation published version	Christiane Kruse Fæste, Arne Levsen, Aung Htun Lin, Natalia Larsen, Christin Plassen, Anders Moen, Thien Van Do, Eliann Egaas. Fish feed as source of potentially allergenic peptides from the fish parasite Anisakis simplex. Animal Feed Science and Technology. 2015 Apr; 202: 52-61.
Link to published version	http://dx.doi.org/10.1016/j.anifeedsci.2015.01.006
Publisher	Elsevier
Version	Author's accepted version
Version Citable link	Author's accepted version http://hdl.handle.net/1956/9916
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- Running head: Carry-over of allergenic peptides from feed to fish

3	Fish feed as source of potentially allergenic peptides from the fish				
4	parasite Anisakis simplex (sl)				
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*Abbreviations*: ELISA: enzyme-linked immunosorbent assay; LCMSMS: liquid chromatography tandem mass spectrometry; m/z: mass-to-charge ratio; LLA: lower limit of application; LOD: limit of detection; PCR: polymerase chain reaction; RFLP: restriction fragment length polymorphism 24

#### 26 Abstract

The carry-over of certain feed components into animal products can be of concern for 27 human health. The safety assessment of chemical contaminants including natural toxins, 28 29 agrochemicals, veterinary drugs, and environmental pollutants is a key element of the "farmto-fork" ("One Health") approach. The transmissibility of proteinaceous feed constituents 30 such as enzymes, proteins from genetically engineered crops, and infectious prions in animal 31 32 meal has also become of interest but the transfer of proteins with allergic potential is little studied. In the present study, an exploratory zebrafish feeding trial using feed containing 20 33 % of processed larvae of the marine fish parasite Anisakis simplex was performed as a proof-34 of-principle experiment. After a two-week exposure period, anisakid peptides were detected 35 36 in zebrafish tissue by high-resolution liquid-chromatography Orbitrap mass spectrometry and 37 immunostaining using specific polyclonal antibodies or sera from patients with confirmed allergy to A. simplex. Since fishmeal produced from marine pelagic fish is an important feed 38 component in the culture of Atlantic salmon and in the poultry industry, it should be 39 considered as a source of potentially allergenic peptides in the final products. Furthermore, 40 the substitution of fishmeal with plant proteins would not eliminate the potential health risk 41 42 by allergen carry-over since crops of high nutritional value such as legumes also contain important food allergens. If our preliminary results from the present zebrafish feeding trial 43 should be confirmed in necessary follow-up experiments, the question of labeling information 44 45 on fish and animal food products raised on feed containing potentially allergenic ingredients could arise in order to minimize the exposure risk of allergic consumers. 46

## 48 Keywords

- *Anisakis simplex*; feeding trial; zebrafish (*Danio rerio*); peptide transmissibility; allergenic
- 50 peptides

- 53 Graphical abstract





#### 56 **1. Introduction**

The larvae of the marine fish parasite Anisakis simplex, commonly occurring in popular 57 food fish such as mackerel, herring, wild salmon, and cod, may adversely affect consumer 58 59 health through direct infection (anisakiasis) and/or by eliciting allergic reactions including urticaria, angioderma, anaphylaxis, and asthma (Deardorff et al. 1991; Pravettoni et al., 2012). 60 Anisakiasis always assumes consumption of raw or undercooked, previously unfrozen 61 62 seafood (Sakanari and McKerrow, 1989; Daschner et al., 2002; Abe and Teramoto, 2014). However, allergic reactions to A. simplex proteins can also be elicited in sensitized persons by 63 the accidental consumption of dead larvae or molecular traces thereof in strongly processed 64 fishery products and fish containing anisakid proteins (Audicana et al., 1995; Daschner et al., 65 2000; Audicana et al., 2002; Daschner et al., 2002; Nieuwenhuizen et al., 2006). Additionally, 66 67 cases of A. simplex allergy due to occupational exposure by fish-based feed have been reported (Mazzucco et al., 2012). 68

Several food allergens have been found to be heat-stable and relatively trypsin/pepsin 69 tolerant. At least one of the major allergens of A. simplex appears to be highly resistant to 70 freezing, heating and digestion (Caballero and Moneo, 2004; Moneo et al., 2005; Vidaček et 71 72 al., 2009; Rodriguez-Mahillo et al., 2010; Vidaček et al., 2011). Evidentially, allergenic peptides containing intact IgE-binding epitopes resistant to gastrointestinal hydrolysis, 73 cytosolic and systemic peptidases can also be transported by carriers across the enterocytes 74 into the blood circulation (Webb et al., 1992; Seal and Parker, 1992). Thus, a small portion of 75 dietary proteins can cross the epithelium barrier (Kaminogawa et al., 1999) and unfold their 76 biological activities, e.g. the stimulation of allergen specific effector cells. It has also been 77 reported that allergic patients have increased antigen permeability of the gut mucosa 78 (Majamaa and Isolauri, 1996). After systemic uptake allergenic peptides can even cross the 79 mammalian placenta or be transported into breast milk (Frank et al., 1999; Vadas et al., 2001). 80

The transmissibility of peptides and small extremely resistant proteinaceous infectious 81 particles (prions) from feed or food to various tissues of the final host organisms in a still 82 bioactive stage can sometimes have devastating effects, e.g. in bovine spongiform 83 84 encephalopathy (BSE) (Colchester and Colchester, 2005). Several animal models have been established to assess prion transmissibility and convertibility and zebrafish are frequently 85 used as a model for prion pathobiology (Málaga-Trillo et al., 2011). There is also evidence 86 87 that allergenic peptides can carry-over from animal feed into food products causing symptoms in sensitized consumers (Armentia et al., 2006). Comparably, fragments of plant DNA have 88 been detected in pig and poultry organs and meat (Klotz et al., 2002; Chesson and 89 Flachowsky, 2003). 90

91 Increasing attention has been paid to feed quality in food production. The safety 92 assessment of feed components is a key element of the "farm-to-fork" ("One Health") approach (Mantovani et al., 2009). Commonly, this evaluation considers chemical residues in 93 feed including natural toxins, agrochemicals, veterinary drugs, and environmental 94 contaminants. However, the experiences with the BSE epidemic, the addition of enzymes to 95 animal feed (Pariza and Cook, 2010), and the introduction of genetically engineered crops 96 97 into feed and food (Goodman et al., 2005) have led to the inclusion of peptides into the list of transmissible compounds of possible health concern. 98

In this context, *A. simplex* is an interesting source for the study of peptides with carry-over
potential. The detection of *A. simplex* peptides in the sera of chickens that had been fed with
fishmeal-containing feed indicates considerable peptide transmissibility (Armentia et al.,
2006). Furthermore, eight patients with high sensitization to *A. simplex* experienced allergic
symptoms after having consumed raw meat from those chickens suggesting that allergenic *A. simplex* peptides had passed over from the feed and had at least partly retained their biological
activity.

In a recent study the presence of A. simplex -related peptides in the belly flap musculature 106 of freshly harvested, net pen-reared Atlantic salmon was demonstrated (Fæste et al., 2014a). 107 Since there was no concurrent infection with A. simplex larvae, or any sign of previous 108 109 infections, the parasite-related peptides may have reached the muscle tissue, or its vascular network, through the fish feed. Generally, farmed fish are fed processed feed only and 110 considered to be free of parasites (EFSA, 2010). However, products of pelagic fish (fishmeal, 111 112 fish oil, silage) are important components in feed for domestic animals (including farmed fish), and e.g. feeding stuffs for chicken, turkey or suckling piglets contain up to 4, 6 or 12 % 113 fishmeal, respectively (data from the Norwegian Food Safety Authority and Norwegian feed 114 manufacturers). Our analysis of commercial feed samples for salmon and poultry farming 115 using a specific ELISA method for the detection of A. simplex (Werner et al., 2011) resulted 116 117 in maximum contents of 40 and 60 mg/kg, respectively (unpublished data). Based on these findings we have therefore conducted a pilot feeding trial using laboratory-118 raised zebrafish (Danio rerio) and fish feed containing processed A. simplex larvae, in order 119 to investigate if or to what extent, A. simplex-related peptides may be transferred from the 120

121 feed into the zebrafish tissue or its percolating blood.

#### 122 2. Materials and Methods

123 *2.1. Preparation of feed for the zebrafish trial.* 

Four days prior to trial onset, three types of feed were prepared (Table 1), composed of basic 124 125 commercial zebrafish feed (Aqua Schwarz GmbH, Göttingen, Germany) and 12% gelatin, and in addition either freeze-dried A. simplex larvae (F1), fish meal (F2) that had been exclusively 126 produced from Atlantic herring (Clupea harengus) for research purposes (NOFIMA AS, 127 128 Bergen, Norway), or without further supplements (F3). The A. simplex larvae used in trial feed preparation (F1) were collected fresh from the 129 visceral organs of Blue Whiting (Micromesistius poutassou) caught eight months pre-trial in 130 northeastern Atlantic waters (N58°16'W09°36'). After removing the host-induced capsule 131 each larva was morphologically identified to genus-level (Anisakis ssp.) based on in-situ 132 appearance (coil-shaped), and the presence of both a caudal mucron and an esophageal 133 ventricle without caeci. After repeated washing in physiological saltwater (0.9%), the larvae 134 were deep-frozen (-20 °C) in bulk before further use. Subsamples of larvae were molecularly 135 identified to species level (A. simplex s.l.) by RFLP-PCR of the rDNA ITS region (ITS-1, 136 5.8S and ITS-2) using the nucleases Hha I and Hin fI (D'Amelio et al., 2000; Farjallah et al., 137

138 2008).

The different feed types were prepared as follows: commercial gelatin powder was 139 weighed as designed for each group (Table 1) and dissolved 1:9 w/v in heated tap water (~ 80 140 141 °C). Three days prior to trial onset, frozen A. simplex larvae of the above lot were thawed and weighed (total wet-weight) before freeze-drying and subsequent weighing (dry-weight). The 142 different components per feed group, i.e. dried A. simplex larvae (F1), fish meal (F2) or basic 143 zebrafish feed (F3), were blended and fine-grinded in a ceramic mortar, separately for each 144 group, before transfer into 100 ml glass beakers. After adding the respective volumes of 145 gelatin solution, each mixture was thoroughly stirred and then placed overnight in an 146

- 147 incubator at 40 °C in order to allow evaporation of the excess water. Feed rations per
- 148 experimental zebrafish group/tank and trial day were weighed out prior to transfer into

separate 12.5 ml sealed plastic vials, which were cool-stored before use.

150 *2.2. Design of the zebrafish feeding trial.* 

The zebrafish used in the present trial (n=90) were young adults of a F4 generation of the

152 "Tupfel long-fin" wild-type strain line (ZFIN ID: ZDB-GENO-990623-2;

153 http://zfin.org/action/genotype/genotype-detail?zdbID=ZDB-GENO-990623-2). The trial set-

up consisted of six coarsely transparent 3.0 L plastic tanks with continuous slow water

exchange (Figure 1). At trial onset (day 1), each tank was stocked with 15 randomly chosen

156 zebrafish, which during adolescence and pre-trial periods were exclusively given commercial

257 zebrafish feed (see above). For each of the three study groups (Z1-Z3) two tanks were placed

next to each other. The fish were fed twice a day (early noon and late afternoon) throughout

the trial period, corresponding to a daily feed ration of about 10 mg per fish (2.5 % of body

160 weight), with the water exchange shut off during feeding. Excess feed (F1-F3) at trial end was

analyzed with respect to Anisakis content separately for each trial group using ELISA, PCR,

162 LCMSMS and Immunostaining.

163 At each sampling, i.e. on the trial days 3, 7 and 14, five zebrafish were randomly removed from each tank with a hand-net and instantly killed by submerging them in crushed ice. 164 Freshly-killed fish were kept cool in sealed plastic tubes, separately for each tank, and then 165 166 transferred to the laboratory for immediate sample extraction. The visceral organs including the intestinal tract and the gonads were removed and the remaining carcasses were thoroughly 167 washed in tap water before storage in small sealed plastic bags, separately for each tank, in a 168 freezer at -20 °C. The five zebrafish of each group (Z1-Z3, in duplicate, days 3, 7, and 14) 169 were extracted together and subsequently analyzed for the presence of A. simplex protein 170 traces by ELISA, LCMSMS, and Immunostaining. 171

172 2.3. Real-time polymerase chain reaction (PCR) assay for the detection of Anisakis simplex.

DNA was isolated from *A. simplex* larvae for the preparation of standard DNA and from feed samples using the Wizard Genomic DNA Purification Kit (Promega, Madison, WI, USA). The extracted DNA was purified using the Wizard DNA Clean-Up System and eluted with sterile water. The final DNA concentration was measured by absorbance at 260 nm. Positive controls of 5 and 10 ng/ $\mu$ L *A. simplex* DNA, negative extraction controls and water controls were included in all assays. In total 100 ng purified DNA per feed sample were analyzed in duplicates in multiple rtPCR assays.

180 RtPCR was performed in accordance with a published method (Lopez and Pardo, 2010).

181 Briefly, a 260 bp fragment of the mitochondrial cytochrome c oxidase II gene (COII) was

182 amplified with two specific primers and a fluorescent-labelled Taq DNA polymerase probe

183 (Amersham Biosciences, Chalfont St Giles, UK) in a TagMan Universal Master Mix (Applied

184 Biosystems, Foster City, CA, USA). Reactions were run by using the ABI Prism sequence

detection system (Applied Biosystems) with 40 reaction cycles.

186 *2.4. Polyclonal sandwich ELISA for the detection of Anisakis simplex protein.* 

187 Fish and feed samples (2 g) were homogenized and extracted under shaking with

188 phosphate-buffered saline pH 7.4 (PBS) (Oxoid, Basingstoke, UK) at room temperature for

189 1h as described earlier (Werner et al., 2011; Fæste et al., 2014a). Extracts were diluted at least

190 1:20 in PBS before analysis. Further dilution was performed if required to reach the working

191 range of the ELISA.

192 Samples were analyzed using a previously developed polyclonal sandwich ELISA

193 (Werner et al., 2011) that specifically detects *A. simplex* proteins. The standard curve of the

194 ELISA was constructed with 12 concentrations of PBS-extracted total A. simplex protein

ranging from 0 to 1000 µg/L. Three control samples (naturally-contaminated cod liver,

naturally-contaminated salmon muscle, and cod muscle spiked with a definite amount of A.

simplex protein) were included in all assays to confirm the performance of the ELISA by
assessing intra- and interday precision and recovery (Fæste et al., 2014a).

199 2.5. Gel electrophoresis and Immunostaining with polyclonal antibodies and patient sera.

200 A. simplex protein extract, identical to the ELISA standard protein, (10 µg per lane) and zebrafish or feed samples (30 µg per lane) were analyzed by gradient gel electrophoresis and 201 subsequent immunostaining with either self-produced specific polyclonal anti-A. simplex 202 203 antibodies (IgG<sub>1</sub>) (Werner et al., 2011) or serum of a patient with A. simplex allergy (IgE<sub>1</sub>) (Fæste et al., 2014a). The patient, a 60 year-old Spanish man with gastro-allergic anisakiasis, 204 had a class 4 IgE-serum level (18.1  $kU_A/l$ ) to A. simplex proteins, was positive in skin-prick 205 testing and showed no cross-reactivity to arthropod proteins (shrimp, mite). The experiments 206 were performed as described before (Fæste et al., 2014) with 5 % horse serum in Tris-207 208 buffered saline pH 7.6 containing 0.1% Tween 20 as blocking buffer. The polyclonal antibody was diluted 1:250,000 and patient serum was diluted 1:20. 209 In a second immunostaining experiment a pool of sera (IgE<sub>2</sub>) from ten Spanish patients 210 with gastro-allergic anisakiasis, positive skin prick tests, and high anti- A. simplex IgE-levels 211 212  $(12.4 - 437.5 \text{ kU}_{\text{A}}/\text{L})$  or rabbit polyclonal antibodies against A. simplex (IgG<sub>2</sub>) (Charles River 213 Laboratories, Sulzfeld, Germany) were used as described before (Lin et al., 2012; Lin et al., 2014). A. simplex extract was produced by extracting larvae with PBS at 4°C overnight (ON); 214 zebrafish and feed samples were identical to those used in the first immunostaining 215 216 experiment. Protein extracts (20  $\mu$ g per lane) were separated by gel electrophoresis, transferred to nitrocellulose membrane, and analyzed with 1:5000 diluted rabbit or the 1:4 217 diluted patient sera. 218

219 2.6. LCMSMS for the detection of Anisakis simplex protein in feed and fish.

220 The samples were prepared and analyzed by liquid chromatography coupled high-

resolution mass spectrometry (LCMSMS) as described earlier (Fæste et al., 2014a). Protein

extracts (50  $\mu$ L, 1 mg/mL) were digested with trypsin over night at 37 °C on ultrafiltration 222 filters and peptides were eluted, dried and re-dissolved in 20 µL 0.1 % formic acid. 223 Peptides (3µl per sample) were injected with 10 µL/min onto a 5 x 0.3-mm 5 µm Zorbax 224 225 300 SB-C18 pre-column, separated with 0.2  $\mu$ L/min on a 150  $\times$  0.075-mm 3  $\mu$ m GlycproSIL C18–80Å column using a gradient from 5 to 55% acetonitrile in water/0.1% formic acid in 226 68 min, and analyzed on a nano-electrospray LTQ-Orbitrap XL mass spectrometer (Thermo 227 Fisher Scientific, Bremen, Germany). Mass spectra were acquired in the positive ion mode in 228 the mass range of m/z 200–2000, followed by MS/MS using collision-induced dissociation of 229 the most intense parent ions with 10 ppm accuracy and 3 m/z isolation width. Data analysis 230 was performed by Xcalibur V2.0. Previously identified marker peptides of A. simplex 231 hemoglobin (Fæste et al., 2014a) were extracted with 10 ppm accuracy and spectra were 232 233 manually verified. Zebrafish and feed samples with and without A. simplex contamination were analyzed and compared. Standard A. simplex protein in buffer was used for semi-234 quantitatively external calibration. 235

#### 236 **3. Results**

237 *3.1. Determination of Anisakis simplex by rtPCR and ELISA.* 

The quantitative PCR and ELISA assays used to analyze the fish feed and zebrafish 238 239 carcasses have both been validated in previous studies for their sensitivity, specificity, precision, and recovery (Lopez and Pardo, 2010; Werner et al., 2011; Fæste et al., 2014a). 240 The real-time PCR had been optimized for the detection of A. simplex DNA in fish and 241 food products and was in the present study successfully applied to complex feed samples. 242 High-quality DNA was isolated by using the commercial clean-up and purification kits and 243 the positive control sample delivered highly reproducible results in all assays. The working 244 range of the rtPCR assay ranged from 10<sup>-5</sup> to 10 ng DNA (Ct 35 to Ct 7.78) using logarithmic 245 regression for the standard curve of A. simplex DNA ( $R^2=0.9953$ ). The lower limit of 246 application (LLA) in fish feed was set to  $4*10^{-4}$  ng/100 ng extracted DNA (Ct 28.6) 247 considering signal noise from the matrix. 248 The ELISA was based on polyclonal rabbit antibodies with high specificity to Anisakis 249 simplex. The working range of the ELISA ranged from 1 to 250 ng/mL using polynomial 250 regression for the standard curve of A. simplex standard protein ( $R^2 = 9998$ ). The assay 251 252 showed high sensitivity with a limit of detection at 0.3 mg/kg. However, the LLA was set to 2

mg/kg in zebrafish and 5 mg/kg in fish feed considering signal noise from the respectivematrices.

255 *3.2. Specific LCMSMS detection of anisakid proteins by typical marker peptides.* 

High-resolution liquid chromatography tandem mass spectrometry (LCMSMS) analysis of
trypsinated *A. simplex* proteins resulted in the detection of specific peptides originating from
definite proteins. The peptides were recognized by their typical mass patterns (precursor mass
spectra; MS) and mass fragments (product ion spectra; MSMS). The mass patterns allowed
protein recognition by comparison with protein databases, whereas the fragmentation

determined the amino acid sequence of a peptide. The detection of A. simplex proteins by 261 mass spectrometry has been previously described and two anisakid hemoglobin peptides with 262 mass-to-charge ratios of m/z=615.27 and m/z=563.79, respectively, had been identified as 263 264 suitable marker peptides for the specific analysis of A. simplex in fish and food products (Fæste et al., 2014a). The comparison of hemoglobin from Anisakis pegreffii (K9USK2 in 265 UniProt database) and identified Anisakis simplex peptides to zebrafish hemoglobins (Danio 266 267 *rerio*) by amino acid sequence alignment did not show any homologies (Figure 2). Thus, matrix interferences were not to be expected for the analysis of anisakid hemoglobin in 268 zebrafish samples. 269

270 *3.3. Characterization of the zebrafish feed.* 

The three feed preparations (F1-F3; Table 1) used in the zebrafish trial were analyzed at study end by quantitative rtPCR and ELISA assays, semi-quantitative LCMSMS method and qualitative immunostaining method. The different experiments were consistent and mutually corroborative detecting a high level of *A. simplex* protein in F1, and none above the respective method LLAs in F2 and F3 (Table 2). The ELISA measured >10000 mg anisakid protein/kg feed in F1 whereas the rtPCR found 63 pg anisakid DNA/100ng feed.

277 The immunostaining of the feed samples showed coherent results with the four antibody preparations used although different anisakid protein bands were detected by the individual 278 fractions (Figure 3a). The A. simplex protein extracts A (PBS, 1h, RT), identical to the ELISA 279 standard protein, and Ae (PBS, overnight (ON), 4°C) showed little differences on gel, 280 although the bands appeared to be slightly diffused in Ae. The comparison of the 281 immunostaining band pattern of F1 to the A. simplex protein extracts demonstrated that 282 especially proteins with molecular weights of about 70 kDa, 64 kDa, 38 kDa, 38 kDa, 28 kDa, 283 20 kDa, and 15 kDa were detected in the feed. 284

The LCMSMS feed analysis resulted in the detection of the two hemoglobin marker peptides HSWTTIGEEFGHEADK (m/z=615.27) and LFAEYLDQK (m/z=563.79) with relative strong intensities  $(2.3*10^6 \text{ and } 6.7*10^5, \text{ respectively})$  in F1, whereas they were not detected (< 10<sup>2</sup>) in F2 and F3 (Figure 3b).

289 *3.4. Detection of Anisakis simplex proteins in exposed zebrafish.* 

Zebrafish from the three different trial groups (Z1-Z3) were analyzed with quantitative 290 291 ELISA, semi-quantitative LCMSMS and qualitative immunostaining for contents of A. simplex proteins with correlating results. The results for fish sampled on trial days 3 and 7 292 were all negative (data not shown), whereas differences between groups were observed for 293 day 14 (Table 3). The ELISA could not differentiate between the samples because the method 294 with an LLA of 2 mg/kg was apparently not sensitive enough. However, both the 295 immunostaining and the LCMSMS gave positive read-outs for Z1 and negative for Z2 and Z3 296 in fish fed for the full two-week trial period. 297 In the immunostaining experiments with zebrafish samples (Figure 4a) the background 298 noise was considerable higher than with the feed samples. Nevertheless, the four antibody 299 preparations (IgG<sub>1</sub>, IgE<sub>1</sub>, IgG<sub>2</sub>, IgE<sub>2</sub>) all detected weak binding signals (marked with 300 301 asterisks) for Z1 that were not present in Z2 and Z3. The signals in Z1 were observed at about 85 kDa and 20 kDa for IgG<sub>1</sub>, at 64 kDa, 25 kDa and 18 kDa for IgE<sub>1</sub>, at 33 kDa for IgG<sub>2</sub>, and 302 105 kDa for IgE<sub>2</sub>. The LCMSMS analysis of the zebrafish tissue samples (Figure 4b) detected 303 the most sensitive anisakid hemoglobin marker LFAEYLDQK (m/z=563.79) (Fæste et al., 304 2014a) with an intensity of  $5*10^3$  in Z1, whereas the second marker was not identified. The 305

306 marker peptides were not found in Z2 and Z3.

#### 307 **4. Discussion**

The transmissibility of A. simplex peptides was examined in the present study in a 308 zebrafish feeding trial by determining the presence of the exogenous proteins in the fish 309 310 tissue. The customized feed contained an artificially high amount of A. simplex larvae that had been deep-frozen, freeze-dried, fine-grinded, and heated to 40°C for several hours. 311 Measurable peptides or DNA fragments were detectable in the feed by all four specific 312 313 detection methods used. The results from both immunological techniques used, ELISA and immunostaining, indicated that a considerable number of antigenic and allergenic epitopes 314 had been retained throughout feed processing, confirming the presence of active, heat-stable 315 and degradation-resistant immunoglobulin-binding sites on A. simplex peptides, which is in 316 accordance with previous findings (Caballero and Moneo, 2004; Moneo et al., 2005; Vidaček 317 et al., 2009; Pariza and Cook, 2010; Vidaček et al., 2011). Furthermore, peptides of 318 considerable length (containing up to 20 amino acids) were detected by LCMSMS, including 319 several fragments of the chosen marker protein anisakid hemoglobin, and additionally, other 320 characteristic proteins (Fæste et al., 2014). The rtPCR feed analysis showed that also A. 321 322 simplex DNA fragments of relevant sizes had withstood the feed manufacturing procedures. 323 The zebrafish trial was designed in the described manner to allow a basic proof-ofprinciple investigation of the potential carry-over of A. simplex peptides from feed to fish. In 324 total 90 fish were kept in six fish tanks with separate circulation systems, which ensured the 325 326 separation of the different study populations, their feed and wastewater. Zebrafish were chosen as the study object due to their rapid maturation, growth rate, and favorable small size 327 affording less space and feed than edible fish, e.g. salmon or trout. The trial feed contained 20 328 % A. simplex larvae leading to high exposure, which was intended to compensate for the short 329 duration of the study. However, this percentage was much higher than the weight-to-weight 330 ratio of naturally infested fish that is used as fish meal in commercial feed for farmed fish and 331

domestic animals. Therefore, the present short-term model study should be repeated with
relevant fish species such as Atlantic salmon for an extended time of exposure while using
feed with a much lower *A. simplex* content in order to better reflect authentic feeding
conditions in the marine aquaculture industry.

The outcome of the exploratory zebrafish trial showing low amounts of anisakid peptides 336 in the exposed group after two weeks was rather unexpected. Whereas the ELISA method 337 with an LLA of 2 mg/kg was not sensitive enough for the detection of the trace amounts, both 338 immunostaining and LCMSMS indicated the presence of *A. simplex* peptides in the fish 339 tissue. The four different immunoglobulin fractions including polyclonal antibodies from 340 rabbits and sera from patients with allergy to A. simplex all detected weak but distinct binding 341 signals in the zebrafish extracts. The observed bands were specific for the different antibodies, 342 but at typical molecular weights coinciding with results from previous studies (Baeza et al., 343 2004; Fæste et al., 2014). The LCMSMS measurement delivered confirmative evidence for 344 the contamination of the zebrafish with A. simplex peptides. The most sensitive anisakid 345 hemoglobin marker peptide was detected with a relative intensity that was clearly different 346 from the background noise, and corresponding analyses of unexposed fish were negative. 347 348 Considering the great specificity of the used high-resolution LCMSMS method this result could be regarded as a positive proof for the transmissibility of A. simplex peptides from feed 349 to fish. 350

Since the zebrafish were not bled immediately after sampling, small amounts of blood may still have been present in the tissue during the analyses of the zebrafish carcasses for traces of anisakid proteins. Thus, the positive findings could actually be due to the presence of *A. simplex*-related peptides in the remaining blood. However, this would still be relevant since small amounts of blood are always retained in the tissue of fresh fishery products including fillets from farmed Atlantic salmon.

The marine aquaculture industry still largely depends on the nutrient input from 357 industrially produced aquafeed that contains fishmeal and fish oil originating from wild 358 fisheries resources (Tacon and Metian, 2008). Especially carnivorous finfish and crustaceans 359 360 require a certain ratio of fish protein in their diet and the estimated global use of fishmeal in aquafeed was in 2007 as high as 17 % for Atlantic salmon and 24 % for marine shrimp. 361 Nevertheless, efforts have been made to reduce the overall fish-in to fish-out ratio (FI/FO) 362 due to finite resources, increasing costs, and chemical contamination of marine forage fish. 363 Thus, the FI/FO has fallen by more than one-third from 1.04 in 1995 to 0.63 in 2006 as a 364 whole, but has remained at 5.0 for Atlantic salmon (Naylor et al., 2009). Where applicable, 365 plant-, animal, or microorganism-based alternatives have been introduced as protein and oil 366 sources in fish feed. However, the substitution of fish by plant proteins leads to new 367 challenges, whether regarding fish growth rates, feed efficiency values, consumer acceptance 368 or food safety concerns (Hardy, 2010). Plants with high nutritional value including legumes 369 such as soy, peanut and lupine are also known for their content of important food allergens, 370 and thus the problem of peptide transmissibility from feed to food remains relevant. If the 371 carry-over observed in the present study was confirmed as a general phenomenon in necessary 372 373 follow-up experiments, the question of labeling fish and animal products with the used feed ingredients could arise for the protection of allergic consumers. 374

375

In conclusion, the detection of immunoreactive anisakid peptides in the tissue of zebrafish exposed to high amounts of *A. simplex* in the feed can be regarded as a proof-of-principle that allergenic peptides may be transferred from animal feed into the final food products.

#### 379 Acknowledgements

The authors greatly appreciate Dr. Alvaro Daschner from the Servicio de Alergia, Instituto de

- 381 Investigación, Sanitaria-Hospital Universitario de La Princesa, Madrid, Spain, for his kind
- supply of well-characterized sera from Spanish patients with allergy to *Anisakis simplex*. We
- also would like to thank Prof. em. Erik Florvaag from the Department of Clinical Science,
- 384 University of Bergen and the Laboratory of Clinical Biochemistry, Haukeland University
- Hospital, Bergen, Norway, for his support of the project. This study was funded by the Orkla
- 386 Foundation, Norway.

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#### 501 Figure legends

Figure 1. Zebrafish trial set-up consisting of six coarsely transparent 3.0 l plastic tanks with
continuous slow water exchange via separate circulation systems. The three trial groups (Z1Z3) were examined in duplicate in tanks placed next to each other.

505 Figure 2. Alignment of six *Anisakis simplex* hemoglobin peptides identified by LCMSMS

and hemoglobin from *Anisakis peregreffi* (Uniprot database accession number: K9USK2) and

507 hemoglobin forms of zebrafish (*Danio rerio*) using T-Coffee (Version\_9.03.r1318; Swiss

508 Institute of Bioinformatics).

509 Figure 3a. Fish feed (F1-F3) analysis by immunostaining. Gel electrophoresis of Anisakis

simplex proteins (left panels) and immunostaining with polyclonal rabbit antibodies (IgG1 and

 $IgG_2$ ), and with sera (right panels) from one patient ( $IgE_1$ ) or with a serum pool ( $IgE_2$ ). M1

512 (SeeBluePlus2, Invitrogen) and M2 (Low-Range pre-stained Natural Standard, Bio-Rad):

513 molecular weight markers [kDa] (indicated on the left side of the gels); A: A. simplex extract

514 (ELISA standard protein); Ae: A. simplex extract (ON); F1: basic feed with A. simplex (Table

- 515 1); F2: basic feed with fish meal; F3: basic feed.
- 516 Figure 3b. LCMSMS analysis of fish feed (F1-F3) by detection of two typical marker

517 peptides of *Anisakis simplex* hemoglobin. Total ion count spectrum (retention time 0-68 min),

518 spectrum of m/z 615.28 (peptide: HSWTTIGEEFGHEADK), spectrum of m/z 563.79

519 (peptide LFAEYLDQK). Relative ion abundances are shown; absolute intensities (NL) are

520 indicated on the right side of each spectrum.

521 Figure 4a. Zebrafish (Z1-Z3) analysis by immunostaining. Gel electrophoresis of Anisakis

simplex proteins (left panels) and immunostaining with polyclonal rabbit antibodies (IgG1 and

 $IgG_2$ ), and with sera (right panels) from one patient ( $IgE_1$ ) or with a serum pool ( $IgE_2$ ). M1

and M2: molecular weight markers [kDa] (indicated on the left side of the gels); A: A.

- 525 simplex extract (ELISA standard protein); Ae: A. simplex extract (ON); Z1: zebrafish fed
- with F1; Z2: zebrafish fed with F2; Z3: zebrafish fed with F3. Binding signals of interest in
- 527 Z1 are marked with asterisks (\*).
- **Figure 4b.** LCMSMS analysis of zebrafish (Z1-Z3) by detection of two typical marker
- 529 peptides of Anisakis simplex hemoglobin. Total ion count spectrum (retention time 0-68 min),
- spectrum of m/z 615.28 (peptide: HSWTTIGEEFGHEADK), spectrum of m/z 563.79
- 531 (peptide LFAEYLDQK). Relative ion abundances are shown; absolute intensities (NL) are
- 532 indicated on the right side of each spectrum.
- 533

## 534 Tables

## **Table 1.** Feed compositions for the zebrafish feeding study.

Feed components	<i>A. simplex</i> feed F1		Fish meal F2		Control F3	
	[mg]	[%]	[mg]	[%]	[mg]	[%]
Basic zebrafish feed <sup>a</sup>	2750	68	2300	38	5300	88
Gelatin	460	12	700	12	700	12
A. simplex larvae	790	20	-	-	-	-
Fish meal	-	-	3000	50	-	-
Total (sum)	4000	100	6000	100	6000	100

<sup>*a*</sup>We were unable to obtain any details on the specific ingredients of the basic zebrafish feed.

536 537

539	Table 2.	Content	of A.	simplex	protein	in the	different	feed types
				····				/

Feed type	ELISA	<b>PCR</b> <sup><i>a</i></sup>	Immunostaining	LCMSMS
	[mg/kg]	[pg/100ng]		[µg/ml]
F1	> 10000	63	positive	10
F2	< 5	< 0.4	negative	< 0.1
F3	< 5	< 0.4	negative	< 0.1

540 <sup>*a*</sup>DNA-content as measured by PCR.

Zebrafish	ELISA	Immunostaining	LCMSMS	
group	[mg/kg]		[µg/ml]	
Z1	< 2	positive	0.2	
Z2	< 2	negative	< 0.1	
Z3	< 2	negative	< 0.1	

### 544 Human and animal rights

- 545 The use of patient sera was approved by the Spanish study centre's institutional review board
- and all patients had given their written informed consent.
- 547 The zebrafish trial was performed in the zebrafish research laboratory of the National Institute
- of Nutrition and Seafood Research, Bergen, Norway, after approval by the institutional
- review board and with regard to the Norwegian legislation for ethics in animal research.

## 551 Figure 1.



#### 

#### Figure 2.

Anisakis_simplex Anisakis_pegreffii_K9USK2 Danio_rerio_haem_alpha1_090487 Danio_rerio_haem_beta1_090486 Danio_rerio_haem_beta2_090485	ELC MKSLEHAKVG SSKEAKQDGVDLYKMFEHYPVMK FRE GYTA ADVQK	35 92 90 94 94
Anisakis_simplex Anisakis_pegreffii_K9USK2 Danio_rerio_haem_alpha1_Q90487 Danio_rerio_haem_beta1_Q90486 Danio_rerio_haem_beta2_Q90485	ERDHVRIPNDVMAHFWEHFNMYLAEKTTMDEPTKQAWLEIGKEFSSEITKYGRPTVRDHCHSSLEHIAIGDEAHQKQNGVDLYKHMFEHYPHMRLAFKGRENYTAE FKLRVDPANF	35 198 108 112 112
Anisakis_simplex Anisakis_pegreffii_K9USK2 Danio_rerio_haem_alpha1_Q90487 Danio_rerio_haem_beta1_Q90486 Danio_rerio_haem_beta2_Q90485	DDIHLPQAQWHEFWKLFAEYLDQK DVQKDEFFVKQGHKILLLALRMFCTSYDDEPTFDFFVDALLDRHIK <u>DDIHLPQAQWHEFWKLFAEYLDQK</u> SHSHLTEDE <u>KHSHTIGEEFGHEADK</u> HAKAGHHEGEHI 	75 KEEHH 309 143 148 148

## 557 Figure 3a.









561 Figure 4a.







